

# Memorable Moments...



Mayor Saidai Duraisamy releases Mugavari Book, received by Mr. R. Krishnamoorthy on 02-10-2013



Advisory Board Member Mr. R. Krishnamoorthy, Trustees Mr. R. Saravanan, D. Jaisankar & Co-ordinator K.S. Sivakumar with Former President of India Dr. A.P.J. Abdul Kalam on 03-10-2013



Mayor Saidai Duraisamy releases Mugavari Book, received by Dr. L. Karunamoorthy, Anna University, on 02-10-2013



Sadhguru's Sign & Blessings for Mugavari on 25-12-2013



Mayor Saidai Duraisamy addressing Mugavari Students on 02-10-2013



Students with Mugavari Book on 02-10-2013

# Gratitude is Life...

**T**he genuine efforts to help a girl from an economically backward family in pursuing her dream of becoming a doctor gradually became what is now the Mugavari Foundation. My search for a sponsor on 2002 to help that girl is the starting point in this direction. **Mr.A.R.Murugadoss, Film director** gave life to it, when he accepted to sponsor the girl for her MBBS on 24.06.2003.



From 2002 to 2007 through a struggle of life and death, I was able to help 21 students. Considering my position as a son of poor agricultural coolie, it was really an ordeal to continue with Mugavari and I was about to drop the idea of helping deserved students for their higher studies. But on 31.08.2007 **Mr. M.Vetrivel**, a beneficiary of Mugavari stressed the need for Mugavari and he changed my mind regarding stopping activities of Mugavari.

Within weeks we got the divine hands through a great man. On 04.10.2007 I had a chance to meet **Mr.Saidai Duraisamy, the Founder of Manidhanaeyam Charitable trust**. He readily offered food and accommodation facilities not only to the Mugavari students who are studying in Chennai but also for me. Since then I am staying in his place and eating his food. This timely help provided by him made Mugavari to survive till date.

If it is Mr.Saidai Duraisamy who helped recover the sinking boat of Mugavari, it is **Mr.R.Krishnamoorthy, the Chairman of Sri Krish International school** who gave a push to Mugavari for moving forward. After I met him on 23.03.2009 Mugavari Foundation rose to its next dimension.

**Dr.Paarivendhar, the Chancellor of SRM University, Mr.K.Vaidhyalingam, the Chairman of Balaji Rubber Industries Pvt. Ltd.** along with many businessmen, IAS, IPS and IRS officers provided the moral and economical support to Mugavari to grow in a steady phase. As of now 133 sponsors are standing as a strong base for Mugavari Foundation.

On 03.10.2013 it was a great honour for me to meet **Former President of India Dr.A.P.J.Abdul Kalam** to give him the Tamil Edition of Mugavari book which is a document of the activities of Mugavari Foundation for the past 11 years.

Above all on 25.12.2013 I got the chance of meeting **my Guru, Sadhguru** and spoke to him about the activities of Mugavari Foundation. It is a blessing for me to get this chance. It is the happiest moment in my life sharing to him what I have done through Mugavari Foundation.

As of now **232 students** got help from Mugavari with the help of **133 sponsors, 7 Vanavil Students and many other invisible souls**. Even though I am eager in doing things, all these became a reality only because I got a place in Chennai. Without the help of Mr.Saidai Duraisamy, Mugavari Foundation could never become what it is today. 'Gratitude is Life' is the basic theme both for Mugavari and me.

**With my heart full of gratitude I am dedicating this Book to Worshipful Mayor Mr.Saidai Duraisamy, Corporation of Chennai...**

A moment of absolute gratitude can transform your whole life.

Sadhguru



# Prologue...

“Only because of those who live for others, the world functions smoothly”, says the ancient Tamil poetic work “PuraNanooru” ! Today, there are a number of organisations striving ceaselessly to do just that. Each one of them strive to alleviate the pains of specific sections of the society like the physically and mentally challenged, orphans, uncared-for old age people, among others. Particularly, there are organisations which focus on helping to provide continued higher education for the economically poor students.

At “Mugavari” we too help poor students to pursue their higher studies, to the best of our abilities. But, there are some basic structural differences between us and the other such organisations. Most other organisations are run by an individual or group of people who’re already successful in their career and life. They’re usually financially self-sufficient, hence, they start with clear-cut guidelines and operating procedures. In contrast Mugavari came into being under unusual circumstances. The exertions to help out a deserving female student financially for her higher studies, the countless trips to convince sponsors adopt each deserving student for their studies, form the basis of the movement called Mugavari. The Hindi movie 'Lagaan' motivated me. The much labored efforts of the hero of that movie showing lot of gumption to gather like-minded people for a common social cause, left a deep impression in me.

First, we were helping those few students who reached us for help, by word-of-mouth reference. But, as stories and articles started to appear in a few popular magazines, the number of qualified students seeking our help multiplied quickly. Scanning such students’ background simply forces us to accept their request. But, at the same time, we cannot add additional financial pressure on our regular sponsors too. Hence, we keep scouting around for new sponsors. At this juncture, the students who benefitted from Mugavari made a suggestion to compile our past efforts to publish in a book form. The goal of this book is merely to highlight and help the really needy, deserving students. This book places on record all our past efforts. I am thankful to all the students who made this Book release possible.

We have published a Book like this in Tamil in 2013. This English Book is an updated and modified Version of that book which caters to our present situation. Basically this book is a compilation of what we did and keep doing since 2002. Judge us by our actions and if you are impressed, persuade at least one person to read this..

With lasting hope...

'Mugavari' Ramesh

03-09-2014

We are using people and loving things. This is a complete misunderstanding of life.  
Things were made to be used. People were made to be loved.

Sadhguru



15, Govindasamy Naidu Layout, Singanallur, Coimbatore - 641 005 INDIA  
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*Education has a very important role in the shaping up the future of this country, and to this purpose we need to constantly examine what is happening in our classrooms and in our surroundings. Too many tales of young, bright and deserving brains laid waste by sheer lack of financial resources in this country is heart-wrenching.*

*Surely, better planning and better governance can change a lot of it, but true change can come only when individuals reach-out and take responsibility for making things happen around them. Government can create infrastructure, but no government can do everything in a country of this size and diversity. It is up to the individuals to do their bit.*

*It is heartening to see that what started as a small effort by one individual a few years, is cascading into a movement of people in the form of Mugavari Foundation, are coming forward to make a meaningful difference in the lives of our youngsters, by providing the needy students the critical financial support that will make their lives.*

*It is my wish and blessing that you may touch and transform many more lives.*

*Love and Blessings,*

*Sadhguru*

Yoga Center : Velliangiri Foothills, Coimbatore - 641 114 INDIA. ☎ + 91 - 422 - 2515345

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A guru is not a crutch but a bridge.

Sadhguru



27/08/2014

**Mrs. Prabha Sridevan**

High Court Judge (Retd.), Chennai

Greetings!

Just as the flame of one lamp can light a hundred lamps, the light of knowledge in one person can provide an endless radiance. If the Access to Health and Education is made free of hurdles and is widened to include every Indian child, the dreams and aspirations of those who fought for our freedom will become a reality. The Mugavari Foundation has been rightly named by its founder Mr. Ramesh. Education gives us an identity and address. Can any democratic nation deny to its people this identity? It is with this lofty objective that this Foundation has been started.

It is very heartening to see the birth of the 'Rainbow' I mean 'Vanavil'. By this scheme every person who passed out with the help of Mugavari will give back to the Foundation 7% of their earnings, For they who better understand the heartache of wanting to study but not being able to afford the cost. This small booklet is brought out to tell the world right from how the students are selected to the record of their success.

My best wishes to this ambitious project launched by Mr. Ramesh to realise the aim of education to all.

Yours sincerely  
Prabha Sridevan

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No. 7, Krishnasamy Iyer Avenue, Mylapore, Chennai - 600 004.



### **TO WHOMSOEVER IT MAY CONCERN**

Mugavari Foundation had a humble beginning but can claim to have achieved remarkable success within a very short period in the field of social service especially in promoting education of poor and backward students. Apart from providing financial and psychological support to the needy poor students, Mugavari Foundation led by its Founder and Managing Trustee Mr. K. Ramesh has rendered significant service in getting career placements for number of aspiring young poor students on the completion of their studies. Many families will be ever grateful to the Foundation for its contribution because of the economic improvement that it has brought about.

Mugavari Foundation deserves to be complimented for the excellent service that it has rendered in the last few years for poor and economically backward students in Tamilnadu. I am indeed impressed by their continued record of good performance in this regard. I have no hesitation in commending this institution for guidance and support so that it grows from strength to strength as a result of which it would get National recognition, hopefully.

It is necessary that those who are in a position to help should support the indefatigable efforts in promoting education of poor students especially girl students. I sincerely appeal to all such persons to provide support, financial or otherwise so that such institutions continue to promote good causes in the field of education.

I wish Mugavari Foundation and its Founder Mr. K. Ramesh the very best in their efforts.

Chennai-600018

August 27, 2014

**(T.S. Krishna Murthy)**

**Saidai Duraisamy**  
**Mayor**



**Corporation of Chennai**  
**Ripon Buildings**  
Chennai - 600003.



Date: 27-08-2014

**Greetings**

One of the most important requirements to bring about social change is to provide education for all. There is remarkable zest with village students who are endowed with talent along with motivation to use it. It is natural that only those steeped in poverty can be expected to work harder for success.

From that perspective, Mugavari acts like a Lighthouse for those youngsters who seek proper direction in their lives. Mugavari Ramesh has been doing a phenomenally selfless social service by sourcing funds from those who can afford, to meet the educational needs of the less privileged.

To remove the poverty, Ramesh has taken upon himself to locate and help those in need. He is an example for youngsters. Social changes are bound to happen when youngsters start doing what Ramesh does. Accordingly, its only appropriate that those who benefitted by Mugavari have chosen to contribute their mite, for the cause.

I have been following Mugavari's activities since 4th October 2007. A few students of Mugavari have succeeded in cracking UPSC, TNPSC exams. I wish more such students are moulded by Mugavari to keep alive humanitarian warmth.

With love,

Saidai Duraisamy

Phone Office : 044-25381328, 25619300 / 300 Residence : 24330095, 24330952

Do not wait for miracles to happen. The greatest miracle in life is life itself.

Sadhguru

**A.R. Murugadoss**  
Film Director

44/1, Navanithammal Street,  
Saligramam, Chennai – 600 093.  
(044) 42647532



Date : 27.08.2014

Eleven years ago, Mr. Ramesh asked me to help a girl student to study medical course, as she had secured an admission after standing third in the whole state, in the Medical Entrance Examinations.

I came to know only three years ago, when I met him, that Mr Ramesh did not stop with just that one student, but had actually established an organisation called Mugavari Foundation to help many such aspiring students for their higher studies. As of today, Mugavari has helped 232 students.

I am pleased to note that Mugavari searches and locates philanthropic minded people and acts as a bridge for their contribution to reach the needy. And, more importantly that Mugavari has continued their efforts for over eleven years. For those bright students who suffer from financial difficulties which prevent them from pursuing their dreams, find an “address” (Mugavari in Tamil) of higher studies due to Ramesh’s efforts. And, I feel proud to know that students who are benefitted by Mugavari earlier, themselves have turned philanthropic and started to voluntarily contribute their mite, through the “Vanavil” Scheme so that more new students will be benefitted.

Many more people should start contributing to Mugavari. I have been doing to the best of my ability. And, I will continue to do so...

A.R. Murugadoss

Compassion means all-encompassing passion, that whatever you are in touchwith,  
you are at it with total passion.

Sadhguru

**T.N.Manoharan** M.Com., B.L., F.C.A.



Padma Shri Awardee — 2010  
Member of the Appellate Authority of ICAI — 2011 - 14  
Member - Advisory Board of Central Vigilance Commission — 2012 - 14  
President of The Institute of Chartered Accountants of India — 2006 - 07

Date : 21<sup>st</sup> August, 2014

Greetings to Mugavari Foundation and its Founder Mr. K. Ramesh.

The strength of India lies in its demographic composition. About 47% of the population is below the age of 25 years. If these youth join the mainstream of the economy with knowledge and skill sets, India can emerge as a strong nation. Unfortunately, many of these youth are hailing from poor rural families and just can't afford to pursue higher education. The irony is that most of them are talented and possess the passion to pursue higher studies but it is beyond their means. If they are allowed to exit from the educational mainstream, the Nation, instead of reaping demographic dividend, will experience demographic disaster. Mugavari Foundation steered by Mr. K. Ramesh is functioning with the laudable objective of addressing this challenge.

"Mugavari" in Tamil means "identity or address". Millions of youth can get an identity in the society only through educational empowerment. When a deserving student from a downtrodden background is enabled to obtain a professional qualification, the profile of such student's family and their generations gets transformed. Otherwise, they would remain dependent lifelong and perish unknown. Over a decade of dedicated selfless service "Mugavari" has conferred such enviable identity to 232 students by sponsoring their educational pursuits through benevolent contributors. Identifying such meritorious but economically weaker section of students and tracing munificent donors to fund their educational pursuits such as medical, engineering, civil service, graduation or post graduation is a significant achievement and needs to be commended. It is heartening to know that those who accomplished with the aid of Mugavari are now part of the movement "Vanavil" to give back a portion of their earnings to fund the education of beneficiaries identified by "Mugavari" - a benign gesture of gratitude.

In the present day scenario, there is no dearth of potential donors but they don't come forward to contribute as they are not sure if the contributions would reach the right beneficiaries and that too without pilferage. For all those benevolent hearts, "Mugavari" provides a secure and systematic way of channelizing of funds. The beneficiary is made to meet with the donor and this effort, besides giving immense satisfaction to the donor, inspires the beneficiary to be committed to meet with the expectations of the donor and Mugavari. Further, the recipient is motivated to keep the donor as a role model to shape up in life as most of the donors have come up the hard way and have reached pinnacle of glory by sheer determination and hard work. Mugavari provides periodical updates on the progress of the beneficiaries ensuring accountability and transparency for which Mr. K. Ramesh needs to be saluted and applauded.

The yeoman service being rendered by "Mugavari" is inspiring and if scaled up with the support and contribution of more and more noble souls, it can certainly transform the talented but poor youth into highly skilled manpower for the country. If large number of the affluent can come forward to meet the cost of education of one or more of the deserving students through "Mugavari", India would translate its dream to become a strong developed economy. Let each one of us justify our existence in this world by sharing what we can through "Mugavari" and caring for the youth of India who needs our assistance to get ignited with knowledge and skill sets. May the Institution 'Mugavari' grow from strength to strength in order to touch and brighten the lives of many of the deserving youth of this Nation. Jai Hind.

With best regards,

T.N.Manoharan

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Everything that occurs in your life can enrich you if you handle it with awareness.

Sadhguru

# Dhyan



September 1, 2014

Greetings!

President Barack Obama of the United States once said, "If you walk down the right path and keep on walking, eventually you will make progress" those words echoed in my mind as I listened to Ramesh's narration of how he got started with Mugavari, its humble beginnings and where it is today. It seemed to me that whenever Ramesh ran out of motivation or money someone always appeared on the horizon to lend a hand whether it is Film Director A.R. Murugadoss, His Holiness Sadhguru Jaggi Vasudev, Mugavari student's M. Vetrivel / M. Boopathiraja, Chennai Mayor Saidai Duraisamy, Managing Director R. Krishnamoorthy of Surien Pharmaceutical or several others. It was very fascinating!

I got involved in Mugavari when one of my very close friends, Mohan Subramaniam, mentioned about Mugavari Foundation and Ramesh. He said he was quite impressed. Having been exposed to many different charities my first question to him was - what percentage of my contribution will end up serving the person who needs help? He said it was very high - close to 100%. I was quite astonished but also skeptical. However after I met with Ramesh in Mugavari's office and came to know how Mugavari functions - his frugality, detailed account keeping, his honesty and openness in sharing information about Mugavari, I could understand how that was possible.

Another thing that caught my attention is Ramesh's passion in making a difference in lives of others and how he cares deeply about each and every Mugavari student. A bright student and a university gold medalist in his bachelors, Ramesh sacrificed his ambition of becoming a chartered accountant by discontinuing his chartered accountancy program (especially after making good progress in it) so that he could help others through Mugavari - it is truly inspiring!

Finally, as A. Ragupathy, Mugavari student, mentioned in his article, "it is good to feed a man a fish; however, it is better if you teach him how to fish." May the Lord bless Mugavari so that they can teach many more deserving students how to fish by helping them with their education.

Warm Regards,



Ram Sakthi Kumar  
President and Chief Executive Officer

**Dhyan Networks and Technologies, Inc.**

160 Stanford Avenue, Fremont, CA 94539, USA  
Phone: (510) 589 7875, Fax: (510) 7709408

[www.dhyan.com](http://www.dhyan.com)

The best results in any work situation come when people give each other a sense of dignity.

Sadhguru

# Mugavari Students

## Course-Wise

### M.S(Ophthalmology)

- 1 MF001 Kasthuri B

### MBBS

- 1 MF019 Thangadurai S
- 2 MF073 Thangadurai M
- 3 MF075 Suriyakala G
- 4 MF077 Sridharan S
- 5 MF100 Thenmozhi M
- 6 MF132 Vidhya E
- 7 MF133 Poovizhi P
- 8 MF134 Divya M
- 9 MF135 Vijaya P
- 10 MF170 Divakar M
- 11 MF171 Sakthivel G
- 12 MF172 Saravanan G
- 13 MF173 Arunkumar P
- 14 MF174 Satheeshkumar R T
- 15 MF175 Meenagowri G
- 16 MF176 Jayaraj M S
- 17 MF185 Nandhini S
- 18 MF186 Gokulakrishnan K
- 19 MF199 Ajithkumar C
- 20 MF200 Deepa G
- 21 MF207 Suresh D
- 22 MF211 Kaviraj V
- 23 MF212 Indhumathi R
- 24 MF213 Nandhini P
- 25 MF230 Parkavi C
- 26 MF231 Santhiya P

### BDS

- 1 MF205 Arulselvan V

### BVSC

- 1 MF195 Madhupriya S

### Civil Service Aspirants

- 1 MF010 Vetrivel M
- 2 MF016 Arunraj D
- 3 MF018 Manimuthu P
- 4 MF030 Boopathiraja M
- 5 MF050 Rajivgandhi S
- 6 MF067 Saravanan M
- 7 MF078 Banupriya M
- 8 MF083 Krishnaveni T
- 9 MF084 Sasikala S
- 10 MF085 Vigneshkumar M
- 11 MF086 Ramkumar K
- 12 MF101 Visalatchi M
- 13 MF117 Kamaladevi K
- 14 MF125 Satheeshkumar S
- 15 MF130 Karthiga V
- 16 MF146 Subramanian G
- 17 MF154 Pandiyarajan S
- 18 MF155 Durga G S
- 19 MF156 Radha R
- 20 MF226 Abirami P
- 21 MF227 Selvarani K

### Research Scholars(Phd)

- 1 MF004 Rajarathinam B
- 2 MF005 Ramesh K
- 3 MF006 Ragupathi A
- 4 MF044 Balamurugan M
- 5 MF089 Ayyadurai P

### C.A

- 1 MF203 Vignesh M
- 2 MF225 Aarthe R
- 3 MF232 Golda S

### ICWAI

- 1 MF124 Umapathy A

### M.E/M.Tech

- 1 MF003 Valarmathi G
- 2 MF022 Naveenkumar S
- 3 MF023 Ramachandran P
- 4 MF025 Dharani M
- 5 MF033 Arputharaja P
- 6 MF037 Arivazhagan P
- 7 MF052 Suganya P
- 8 MF070 Brundha K
- 9 MF167 Rosi S

### M.Phil (Economics)

- 1 MF032 Vasanthakumar E

### MCA

- 1 MF026 Vijaya P
- 2 MF063 Dhanalakshmi S
- 3 MF064 Thirumal V
- 4 MF119 Suriyaprakash G
- 5 MF126 Antony Augustin A

### MBA

- 1 MF017 Sureshkavi M
- 2 MF020 Mutharasan M
- 3 MF031 Ramesh P
- 4 MF043 Periyasamy P

Life is at ease. Only the mind is at some tension.

Sadhguru

# Mugavari Students

## Course-Wise

### M.Sc

#### (Medical Microbiology)

- 1 MF011 Lavanya P
- 2 MF049 Thamaraiselvi S

### M.Sc (Maths)

- 1 MF013 Prudhvirajan A
- 2 MF046 Kalaiselvi K
- 3 MF153 Vennila S
- 4 MF160 Shobana E
- 5 MF192 Anbuselvan G

### M.Sc(Physics)

- 1 MF061 Senbagavalli J

### M.Sc(Chemistry)

- 1 MF007 Selvamani S
- 2 MF012 Arun R

### M.Sc(Computer Science)

- 1 MF014 Kannabiran R

### M.Sc(Pshycology)

- 1 MF087 Sivakumar K S

### M.Sc(Zoology)

- 1 MF042 Thambidurai R

### M.Sc(Forest)

- 1 MF228 John Peter S

### M.Com

- 1 MF009 Selvadurai P
- 2 MF196 Govindaraj A

### M.A(Economics)

- 1 MF115 Selvam M

### M.A (English)

- 1 MF062 Dharani A
- 2 MF152 Ramar K
- 3 MF204 Madhumathi T

### B.E/B.Tech

- 1 MF002 Raghunath G
- 2 MF021 Selvarasu P
- 3 MF024 Manikandan S
- 4 MF027 Sampooram P
- 5 MF028 Krishnakumar K
- 6 MF029 Bakkiaraj A
- 7 MF034 Silambarasan R
- 8 MF035 Selvamani K
- 9 MF036 Periyasamy A
- 10 MF038 Anbarasan R
- 11 MF039 Arunkumar K
- 12 MF051 Subha M
- 13 MF056 Vinothkumar R
- 14 MF057 Anbazhagan P
- 15 MF058 Manikandan P
- 16 MF059 Muthuraman P
- 17 MF060 Banu K
- 18 MF065 Ramakrishnan R
- 19 MF074 Kokila D
- 20 MF076 Prabhu T
- 21 MF079 Dharmadurai C
- 22 MF090 Ragulbharathi M
- 23 MF094 Arvindkumar T
- 24 MF095 Parthiban S
- 25 MF097 Sivaranjani S
- 26 MF098 Sivaranjini S
- 27 MF099 Parameshwari R
- 28 MF103 Mahalakshmi K
- 29 MF104 Rajadurai K
- 30 MF105 Sarankumar R
- 31 MF107 Sweatha K
- 32 MF108 Malar J
- 33 MF118 Bhuvaneshwari S
- 34 MF121 Nagamanickam B
- 35 MF122 Rajapreetha R
- 36 MF123 Mohanapriya A
- 37 MF129 Sankar K
- 38 MF131 Chandrakanth H
- 39 MF136 Veeramanikandan M S
- 40 MF137 Janani M
- 41 MF138 Priyanka R
- 42 MF139 Subramani K
- 43 MF140 Kesavan M
- 44 MF141 Gowthamkrishnan N
- 45 MF142 Srinivasan A
- 46 MF143 Gayathri A
- 47 MF144 Sindhuja V
- 48 MF145 Mani K
- 49 MF150 Nasreen Fathima A
- 50 MF163 Selvanayagam S
- 51 MF164 Arunkumar R
- 52 MF165 Arun J
- 53 MF166 Kumaran K T
- 54 MF177 Keerthana R
- 55 MF178 Vignesh R
- 56 MF179 Nivetha R M
- 57 MF180 Kalaiyarasi C
- 58 MF181 Sakthivel B
- 59 MF182 Madhura S
- 60 MF187 Poovarasi A
- 61 MF189 Periyasamy S
- 62 MF193 Mallesh M

Courageous people do idiotic things. Fearful people do not do anything. Fearless people look at life the way it is and do the best they can.

Sadhguru

# Mugavari Students

## Course-Wise

- 63 MF210 Arunkumar P
- 64 MF214 Prabhu B
- 65 MF215 Akila S
- 66 MF216 Pavithra P
- 67 MF217 Tamilarasan V
- 68 MF218 Gomathi S
- 69 MF219 Suresh V
- 70 MF220 Nirmala A

### B.Arch

- 1 MF191 Vinitha R

### B.Sc[Agri]

- 1 MF183 Dhatchayani P
- 2 MF184 Arun D

### B.L

- 1 MF190 Narmatha S

### B.Pharm

- 1 MF194 Arulkumar K

### TNPSC Aspirants

- 1 MF055 Ragothaman R
- 2 MF068 Gopalakrishnasamy R
- 3 MF080 Srinivasan J
- 4 MF092 Satheesh Kumar V
- 5 MF093 Ramkumar R
- 6 MF116 Duraiselvam D
- 7 MF127 Rekha D
- 8 MF157 Hemashree P
- 9 MF158 Rajanarayanan R
- 10 MF159 Tamilselvan A M
- 11 MF162 Mohanasundaram C
- 12 MF188 Nithya M

- 13 MF197 Anbarasu R
- 14 MF198 Velmurugan K
- 15 MF206 Pradeep M
- 16 MF208 Manikandaraja P
- 17 MF209 Pushpakumari E

### BCA

- 1 MF053 Sivaranjini A

### B.Sc

- 1 MF015 Karthikeyan K
- 2 MF045 Barani D
- 3 MF047 Banupriya P
- 4 MF069 Suresh T
- 5 MF071 Ramesh A
- 6 MF072 Vinoth P
- 7 MF081 Suganya M
- 8 MF113 Selvakumar S
- 9 MF114 Balaji A
- 10 MF147 Sudhakar M
- 11 MF148 Anupriya R
- 12 MF161 Siddharaj M
- 13 MF168 Tamilselvi C
- 14 MF169 Firthose A
- 15 MF221 Siva V
- 16 MF222 Dhanalakshmi M
- 17 MF223 Gokila S
- 18 MF229 Sasikala N

### B.Com

- 1 MF008 Sankar T
- 2 MF102 Sujitha J
- 3 MF106 Daslimadevi S
- 4 MF109 Pandiyan P

- 5 MF110 Alamuthu K
- 6 MF111 Vignesh K
- 7 MF112 Sankardoss S
- 8 MF149 Meharaj Nisha A
- 9 MF151 Gayathri D
- 10 MF224 Kalaiyarasi K

### B.A

- 1 MF048 Kanimozhi K
- 2 MF054 Karthikeya G
- 3 MF096 Ramya S
- 4 MF120 Durga T G
- 5 MF202 Kushpu K

### Diploma

- 1 MF040 Parthiban R
- 2 MF041 Sathish K
- 3 MF066 Boopalan S
- 4 MF088 Narayanamoorthy K
- 5 MF091 Rameshbharathi M
- 6 MF128 Vigneshwaran A

### HSC

- 1 MF082 Bharathiraja R

### SSLC

- 1 MF201 Surya M



For effective functioning in the world, knowledge is not the main factor, but clarity of perception.

Sadhguru

# Pillars of Mugavari

The eternal truth that “**Gratitude is Life**”, forms the bedrock on which “Mugavari” has been built! Each and everyone who have contributed for Mugavari’s cause, including those token efforts, are very important to us and will be fondly remembered with gratitude. It’s our pride and pleasure to list here, in **alphabetical order**, a few of the pillars, who’ve been supporting Mugavari, in a big way.

- 1 Dr. L. Akila Senthilkumar, Associate Professor, SRM Medical College, Chennai
- 2 Mr. P. Arivanandam, Indian Bank Advisor, Corporate Office, Chennai
- 3 Mr. D. Arulanandu, Chairman, Rich India Charitable Trust, Chennai
- 4 Mr. R.S. Badrinarayanan Managing Director Oorvasi Textiles, Salem
- 5 Mr. J. Balachandran, Manager - Business Development, VSB Technologies, Chennai
- 6 Mr. Balajipremkumar, Untitled Organization, Chennai
- 7 Mr. M. Balakrishnan, Founder, Deepam trust, Chennai
- 8 Mrs. S. Balammal, Salem
- 9 Mr. V. Balamurugan, Managing Director, Rohini Steels, Chennai
- 10 Mr. M.A. Balasubramanian, Nallor vattam, Chennai
- 11 Mrs. G. Brahathkujambal, Trichy
- 12 Mr. Cheran, Film Director, Chennai
- 13 Mr. R. Devadoss Ex.MP, Salem
- 14 Mr. Saidai Duraisamy, Founder, Manidha Naeyam Charitable Trust, Chennai
- 15 Mr. S. Durai, Managing Director, Texas Technologies, Chennai
- 16 Mr. S. Elaiyappan, Chariman, Bharathiyar Women's Educational Institutions, Attur
- 17 Mr. S.R. Gandhi, Senior Divisional Security Commisioner, Northern Railway, Varanasi
- 18 Mr. K. Govindaraj, Teacher, Vijay Vidyalaya Mat.Hr.Sec.School, Dharmapuri
- 19 Ms. GuideStar India, An initiative of Civil Society Information Services India, Mumbai
- 20 Mr. R. Harikrishna, Administrative Manager, SRM Autotec, Chennai
- 21 Mr. Y. Harikrishna, Chennai
- 22 Mr. N. Hariharasubramanian, MD, Mayura Automation & Robotics System, Chennai
- 23 Ms. Help Your NGO.Com India Private Limited, Mumbai
- 24 Ms. Isha Foundation, Coimbatore
- 25 Mr. M. Jahir Hussian, Chairman, M.Gani & Co, Chennai
- 26 Mr. D. Jaisankar, Assistant Film Director, Chennai
- 27 Mr. S.R. Jawahar, PWD, Namakkal
- 28 Selvi. T. Jayanthi, Managing Trustee, Udhavum Manangal, Trichy
- 29 Mr. P. Kaliyappan, Director, Tagore Educational Instituions, Attur
- 30 Mr. D. Kamalakannan, Police Department(Retd), Chennai
- 31 Mr. K. Kamaraj, Honorary Director, Team IAS Study Circle, Chennai
- 32 Dr. K. Kanagaraj, Associate Professor, Govt Arts College, Coimbatore
- 33 Mr. M. Karthikeyan, Advocate, Chennai
- 34 Mr. N. Karunaikumar, GM, Rich India Groups, Chennai
- 35 Dr. L. Karunamoorthy, HOD, Mechanical Department, Anna University, Chennai
- 36 Mr. Kasim, Managing Director, Opportunity Computer Education, Chennai

Integrity, insight, and inclusiveness are the three essential qualities of leadership.

Sadhguru

- 
- 37 Er. K. Kavitha, Visteon Technical & Services Pvt Ltd, Chennai
  - 38 Mrs. Kiran Sasidharan, Managing Trustee, Inspire Charitable Trust, Chennai
  - 39 Mr. Kovaithambi, Film Producer, Chennai
  - 40 Mr. R. Krishnamoorthy, Chairman, Sri Krish International School, Chennai
  - 41 Mr.R. Krishnamoorthy, Ex Advocate General, Chennai
  - 42 Mr. T. Krishnamurthy, FCA, FCS, CFO & Company Secretary, MBDL, Chennai
  - 43 Mr. T.S. Krishnamurthy, IRS, Former Chief Election Commissioner of India, Chennai
  - 44 Mr. D. Lakhsmanan, Chairman, Lehnaa Steels, Chennai
  - 45 Mr. S.K. Lakhsmanan, Conductor,TNSTC, Attur
  - 46 Dr. Latha, Associate Professor, Anna University, Chennai
  - 47 Mr. Ch. Lokumar, Managing Director, Murugan Timber Traders, Chennai
  - 48 Mr. Madhankumar, Managing Director, Turning point study circle, Chennai
  - 49 Mr. Mahesh, Managing Trustee, Peace & Happiness Foundation, Chennai
  - 50 Mrs. Mangai Gopinath, Chennai
  - 51 Padmasree CA T.N.Manoharan, Founder, TLN Chowdhry Memorial Trust, Chennai
  - 52 Mr. Marabin Maindhan Muthiah, Editor,Namadhu Nambikai Magazine, Coimbatore
  - 53 Mr. K. Marimuthu, Warden,Tagore Higher Secondary School, Attur
  - 54 Mr. K.R. Masilamani, Advocate, Salem
  - 55 Mr. Mohammed Nasser Sait, Chairman, Mectronics Pvt Ltd, Chennai
  - 56 Mr. K.S. Mohan, Hitech Irrigation, Chennai
  - 57 Dr. C. Murthy, Associate Professor, Guru Nanak College, Chennai
  - 58 Mr. A.R. Murugadoss, Film Director, Chennai
  - 59 Mr. R. Murugan, Scientist, Biocon, Bangalore
  - 60 Mr. C.S. Murugesan, Director, Sri Ramakrishna Matriculation School, Veeraganur
  - 61 Mr. S. Muthusamy, Director, Paveendhar Educational Institutions, Attur
  - 62 Mr. V. Nandhakumar IRS, Joint Commissioner Of Income Tax, Trichy
  - 63 Dr. S. Nirmala, Salem
  - 64 Mr. Paalam Kalayanasundram, Founder, Anbu Palam, Chennai
  - 65 Dr. Paarivendhar, Chancellor, SRM University, Chennai
  - 66 Mr. T. Padmanabhan, Chartered Accountant, Chennai
  - 67 Mr. M. Palanisami, Director, Balaji College Of Education,Chinnasalem
  - 68 Mr. R. Pandurangan, Chairman, Vinoth Groups, Chennai
  - 69 Mr. A.P. Paramasivam, Teacher Government Hr. Sec. School, Thalaivasal
  - 70 Mr. P. Parthiban, Managing Trustee, G18 Public Charitable trust, Coimbatore
  - 71 Mr. T. Pitchandi, IAS(Retd), Chennai
  - 72 Mr. V. Ponraj, Scientific Adviser to Ex President Dr. A.P.J. Abdul Kalam, New Delhi
  - 73 Mr. J. Prabhakaran, Founder, NDSO, Chennai
  - 74 Mrs. Prabhasridevan,Retd Judge High Court,Chennai
  - 75 Mr.Y. Radha Krishnamoorthy, Managing Director, Srihara restaurant, Chennai
  - 76 Mr. G. Ragavan, Managing Trustee, Shri Gayathri Trust, Chennai
  - 77 Mr. S. Raghavan, Chennai
  - 78 Mr. G. Rajan, Senior Advocte, Chennai

If your idea of success is just about being ahead of others, you will definitely not explore the full potential of who you are.

Sadhguru

- 
- 79 Mr. T.K. Rajendren IPS, ADGP (Law and Order), Chennai
  - 80 Mr. V.G. Rajendren, Chairman, Indira Educational & Charitable Trust, Chennai
  - 81 Mr. K. Raju, Hyderabad
  - 82 Er. Ramaiya ariya, Chennai
  - 83 Mr. Ramalingam, Chairman, Narmatha Pathipagam, Chennai
  - 84 Dr. B. Ramaprabha, Professor, Tamil Nadu Govt. Dental College, Chennai
  - 85 Mr. V. Ramasubramanian, High Court Judge, Chennai
  - 86 Mr. Ram Sakthi Kumar, CEO, Dhyan Infotech, USA
  - 87 Mr. G. Ranganathan, Chartered Accountant, Salem
  - 88 Er. A. Sampsonraj, Untitled Organazation, Chennai
  - 89 Mr.R. Sam Rajeeswaran, Director, Appolo Study Centre, Chennai
  - 90 Mrs. Sangeetha Mohanavel, Executive Director, Acacia Homes, Chennai
  - 91 Mr. V. Sanjivi, Managing Director, Valanithi Chit Funds Pvt Ltd, Attur
  - 92 Mr. L. Sankar, Chartered Accountant, Chennai
  - 93 Mr. A. Sankaranarayanan, Auditor, Salem
  - 94 Mr. K. Sanmugam, Correspondant, SRM Muthamizh Hr. Sec. School, Attur
  - 95 Mr. G. Santhikumar, Director, Tejasri Developers (P) Ltd, Chennai
  - 96 Mr. R. Saravanan, Managing Director, Hindustan Textiles, Mangalapuram
  - 97 Mr. Saravanan, Website Designer, Chennai
  - 98 Mr. Sardar Manjit Singh Nayar, Secretary, Guru Nanak College, Chennai
  - 99 Mr. R.P. Sathiyarayanan, Managing Director, New Genration Media, Chennai
  - 100 Mr. S.Sathyashree Bominathan, Chairman, Kingmakers IAS Academy, Chennai
  - 101 Mr. CA A. Selvaganesh, Partner, Manohar Chowdry & Associates, Chennai
  - 102 Mr. S. Selvakumar, Founder, Anandam Foundation, Chennai
  - 103 Mr. S. Senguttuvel, Salem
  - 104 Mr. M. Senthilkumar, Managing Director, Time IAS, Chennai
  - 105 Mr. S.S. Senthilkumar, Software Engineer, Yahoo, Banagalore
  - 106 Mr. Sp. Singaram, Founder Trustee, Essvee Foundation, Chennai
  - 107 Mr. S. Sivarjavel, Director, Smart Leaders IAS Academy, Chennai
  - 108 Dr. P.S. Sreemathi, Founder, Hearts For Hearts, Chennai
  - 109 Mr. Srinivasa dattu, Telungana
  - 110 Mr. K. Srinivasan, Founder, Primepoint Foundation, Chennai
  - 111 Mrs. G. Sripriya, Founder, Gold Heart Foundation, Chennai
  - 112 Mr. M. Stalin, Chairman, Michel Engineering College, Kalaiyarkoil
  - 113 Mr. S. Sudhakar Moopnar, Kabistharam, Tanjore
  - 114 Mr. Sundar Balakrishnan, Accounts Manager, Cognizant, USA
  - 115 Mr. Sundram, Founder, Maruthi Educational Institutions, Attur
  - 116 Mr. D. Sundramoorthy, Chairman, Thaa Foundation, Vavipalayam
  - 117 Mr. Sunilkrishnan, Chartered Accountant, Anil Nair & Associates, Chennai
  - 118 Mr. R. Suresh, Chartred Accountant, Salem
  - 119 Mr. Sushil Adlakha, Industrialist, Chennai
  - 120 Mr. P. Theetha, Sri Sai Ram Caterers, Chennai

Health is a side effect of spirituality. If you are complete within yourself, being healthy is natural.

Sadhguru

- 
- 121 Mr. K. Thiagarajan, Designer, US Graphics, Chennai
  - 122 Mr. Udhayasandron, International Life Skill Trainer, Chennai
  - 123 Mr. T.P. Ulaganathan, Founder, TCP Memorial Trust, Perundurai
  - 124 Mr. J. Uma Jayapal, Chennai
  - 125 Mr. K. Vaidyalingam, Chairman, Balaji Rubber Industries P Ltd, Salem
  - 126 Mr. C. Veluchami, Industrialist, Chennai
  - 127 Mr. Venkatasubramanian, IAS(Retd), Chennai
  - 128 Mr. R. Venkatachalam, Chancellor, Sri Ramachandra Medical University, Chennai
  - 129 Mr. C. Venkatanarasimman, Executive Engr[Retd], Attur
  - 130 Mr. V. Venkatesan, Legal Advisor, New Generation Media Pvt. Ltd., Chennai
  - 131 Er. K. Vignesh, Chennai
  - 132 Mr. E.M.K. Vijayakumar, Chairman, EMK Enterprises Pvt Ltd, Chennai
  - 133 Mr. K. Vijayakumar, Director, Tagore Educational Institutions, Attur

## Pillars of Vanavil Scheme

1. Mr. A. Ragupathi M.Sc, M.Phil.,  
Research Scholar,  
National Tsin Hua University,  
Taiwan.
2. Mr. M. Boopathiraja IRTS.,  
Assistant Operational Manager,  
Southern Railways, Palakkad Division.
3. Mr. M. Vetrivel B.A.,  
Supervisor, Regulated Market,  
Coimbatore Market Committee,  
Tirupur.
4. Mr. K. Karthikeyan B.Sc, B.Ed.,  
Teacher,  
Muthamizh Nursery and Primary School,  
Periyeri, Attur.
5. Mr. R. Vinothkumar B.E.,  
Site Engineer,  
Acacia Homes & Constructions,  
Chennai.
6. Mr. M. Vigneshkumar B.E.,  
Senior Software Engineer,  
Robert Bosch Engineering & Business solutions Limited,  
Coimbatore.
7. Ms. G.S. Durga M.Sc.,  
Assistant,  
National Insurance Company Ltd,  
Periamet Division, Chennai.

Life has no particular purpose. It is a purpose unto itself.

Sadhguru

# Students Selection Process

We want to help all those students who are educationally qualified and exhibit an abiding interest to pursue their higher studies. But our efforts to accommodate all of them, stands restricted to the number of sponsors available for that academic year. The number of students seeking Mugavari's help has risen steeply during the last two years. Hence, we have decided to adopt the following system to select students.

- **We will welcome applications from qualified students after the publication of +2 results until the end of June**
- A committee consisting of former beneficiaries of Mugavari, will peruse the applications
- The information furnished in the applications will be verified by this committee, and they will select the candidates accordingly
- **Verification will be done by visiting their homes in the month of July and the list of the students selected for assistance will be announced in the first week of August**
- Every year a new committee will be formed for this purpose
- Only the students who are economically backward, exhibit unwavering dedication to study further and got admission for higher studies in Government run educational institutions will be considered as qualified for assistance from Mugavari.

**The following groups of students will be given preference in the selection process:**

- Those students from orphanages, care centres and or similar places
- Parentless students, differently abled students
- Those students who studied till their +2 in government schools especially from the rural areas. This way, we feel, a sustainable system will be formed to enable us to select the most deserving and suitable candidates to get the limited help available.



The new Selection Committee for the year 2012 headed by Mr.Boopathiraja.

The Selection Committee for the year 2013.



The Selection Committee for the year 2013 headed by Mr. Satishkumar.

The Selection Committee for the year 2013 headed by Mr.Manimuthu.



The Selection Committee for the year 2013 headed by Mr.Arunraj.

The Selection Committee for the year 2013 headed by Mr.Rajivgandhi.



The Selection Committee for the year 2014 headed by Ms.Banupriya.

Fear essentially comes from a lack of clarity. Wherever there is clarity, there is no fear.

Sadhguru

# Students with Pillars of Mugavari



A.R. Murugadoss, Film Director &  
Mrs. Ramya Murugadoss



Mr. Saidai Duraisamy, Founder  
Manidha Naeyam Charitable Trust



Dr. Paarivendhar, Chancellor, SRM University



Mr. R. Krishnamoorthy, Chairman,  
Sri Krish International School  
and Mrs. Gowri Krishnamoorthy



Mr. K. Vaidhyalingam, Chairman,  
Balaji Rubber Industries Pvt. Ltd., Salem



Mr. D. Lakshmanan, Chairman, Lehnaa Steels

If tears of love, joy, and ecstasy have not washed your cheeks, you are yet to taste life.  
Sadhguru

# Students with Pillars of Mugavari



Mr. S. Durai, Managing Director, Texas Technologies



Mr. T.P. Ulaganathan, Managing Trustee,  
TCP Memorial Trust



Mr. R. Pandurangan, Chairman, Vinoth Builders



Mr. S. Mohanavel, Chairman, Acacia Builders &  
Mrs. Sangeetha Mohanavel



Mr. V.G. Rajendran, Chairman, Indira Foundation



Mr. V. Balamurugan, Managing Director, Rohini Steels &  
Mrs. Suseendra Balamurugan

Money is only a means, not a goal.

Sadhguru

# Students with Pillars of Mugavari



Dr. Latha, Anna University



Mr. Sivarajavel, Director, Smart leaders IAS academy



Mr. R.S. Badrinarayanan, Managing Director,  
Oorvasi Textiles Salem



Dr. L. Akila Senthilkumar, SRM Medical University



Mr. G. Ragavan, Managing Trustee, Sri Gayathri Trust



Mr. S. Selvakumar, Chairman, Anandam Foundation

Commerce should serve humanity, not lead humanity.

Sadhguru

# Students with Pillars of Mugavari



Mr. R. Devadoss, Ex. MP



Mrs. G. Sripriya, Founder, Gold heart Foundation & Mohammed Taufiq



Mr. D. Arulanadhu, Chairman, Rich India Groups & Mrs. Aruna Arulandhu and their sons



Er.K.Vignesh



Mr. M. Jahir Hussain, Chairman, M Gani & Co



Mr. Sam Ponraj & Mr. Balaji Premkumar, Untitled Organisation

Once business leaders start to see that the world is not made up of markets but of people, their approach is bound to be more inclusive and sustainable.

Sadhguru

# Students with Pillars of Mugavari



Er. Ramaiya Ariya



Mr. G. Shanthikumar, Director, Tejasri developers Pvt. Ltd.



Mr. Y. Radha Krishnamoorthy, Managing Director,  
Srihara Restaurant



Mr. C. Veluchami, Industrialist



Dr. G. Arumaikannu, Anna University



Mr. Madhankumar, Managing Director,  
Turning point Study circle

Inclusiveness is not just the fundamental nature of the spiritual process,  
but the very basis and goal of life itself.

Sadhguru

# Students with Pillars of Mugavari



Mr. Sunilkrishnan, Chartered Accountant



'Padmashri' T.N. Manoharan, Chartered Accountant



Mr. T. Krishnamurthy, CFO & Company Secretary, MBDL



Mrs. Mangai Gopinath



Mr. Mahesh, Managing Trustee, Peace & Happiness



Mr. Balakrishnan, Managing Trustee,  
Deepam Trust

In exclusion, you become trapped, separate. In inclusion, you become liberated.

Sadhguru

# Students with Pillars of Mugavari



K.S. Mohan, Hitech Irrigation



Mr. Ram Sakthikumar, CEO, Dhyan Infotech, USA



Mr. Sushil Adalkha, Industrialist & Mrs. Harsh Adalkha



Mr. Sathyasree Boominathan, Chairman,  
King Makers IAS Academy



Mr. Sp. Singaram, Chairman, Essvee Foundation



Er. K. Kavitha

Fears and insecurities are unconsciously created by you. If you do not create them, they do not exist.

Sadhguru

# Students with Pillars of Mugavari



Mr. Vijayakumar, Director,  
Tagore Educational Institutions



Mr. Elaiyappan, Chairman,  
Bharathiyar Educational Institutions



Mr. Muthusamy, Director,  
Pavendhar Educational Institutions



Mr. Sundram, Founder,  
Maruthi Educational Institutions

## Mugavari's Two Eyes with VIPs



M. Vetrivel and M. Boopathiraja with  
Mr. Thamizharuvi Maniyan



M. Vetrivel and M. Boopathiraja with 'New Generation Media'  
Managing Director Mr. R.P. Sathyanarayanan

If you become a source of joy by yourself, you will have wonderful relationships.

Sadhguru

# Gathering of Mugavari Petals...



Anna University Students



Medical Students



New Students of the year 2013, Selection Committee & Chennai Students with Mr. A.R. Murugadoss, Mrs. Sripriya, Dr. L. Akila, Er.K Vignesh & Trustee D. Jaisankar



New Students of the year 2012 & Higher Studies Students with Mr. R. Krishnamoorthy & M. Boopathiraja

Your thoughts and emotions are your creation. Your attachment and entanglement with them are also your creation.

Sadhguru

# Gathering of Mugavari Petals...



Civil Service Aspirants



Students studying in Chennai



Students studying in Chennai with CA T. Padmanaban, Mr. Jahir Hussian, Mr. Udaya Sandron & A. Raghupathi, Mugavari Day, 2014

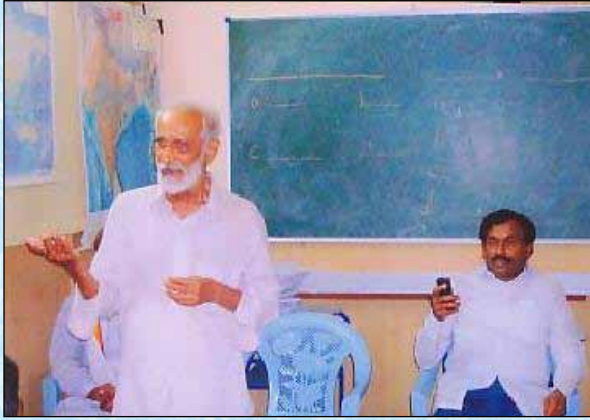


Mugavari Day, 2013

Destiny is what you create for yourself. Fate is when you fail to create your own destiny.

Sadhguru

# Memorable Moments...



Chennai Students Meet, 12-1-2010



Mugavari Website Launch, 05-09-2011



Mugavari Family Function, 15-07-2012



Mugavari Day, 16-02-2013



Mugavari New Students Meet, 18-08-2013



Mugavari Day, 16-02-2014

Harmony in the world will happen only when human beings are truly harmonious within themselves.  
Sadhguru

# Memorable Moments...



Chennai Students Meet, 12-1-2010



Mugavari Family Function, 15-07-2012



Mugavari Day, 16-02-2013



Mugavari New Students Meet, 18-08-2013



Mugavari Day, 16-02-2014



Mugavari Day, 16-02-2014

Do not build your life on ethics, morality, and values. Learn to look at life just the way it is.  
Sadhguru

# Vanavil

**A**ll living beings in this earth are compassionate. By creating a suitable environment, the kindness present in each and every individual can be kindled to bring out more empathetic thoughts and sympathetic actions. Such encouraged individuals will in turn be a tool to motivate more people around them to be more compassionate. Creating such passionate individuals filled with compassion is the main aim of Mugavari.

To attain the goal of their life, students come to Mugavari in search of assistance. Mugavari helps these students in attaining their goal. Mugavari doesn't stop with that. Only when the compassion inside that student is kindled, Mugavari's aim is fulfilled.

There was a mountain without any path. A person decided to climb that mountain. So he cut down the thorns and trees and creates a path, that is not so good. It takes 6 months for him to reach the peak. The person who comes after him removes the stones in the path. He takes 3 months to reach the peak. The person who comes after him levels the road and creates a proper path. He takes one month to reach the peak. The person who arrives at last lays a proper bitumen road. So he travels on the path in a car and reaches the peak within one hour. Because of the difficulties and pain endured by the previous travelers the last person was able to reach the peak within one hour.

If each individual reaches the peak based only on his own effort, then depending on their ability, it would have taken 7 or 8 or 4 months to reach the peak. But since all the people choose the same path, the last person could attain the peak within one hour. If a few more people travel in the same path, the truth might be that it would take only one minute to reach the peak.

In this story, just like the hardships of previous travelers which helped the travelers who followed, students previously benefitted by Mugavari can help the succeeding students to realize their goals by sharing a little of the knowledge and monetary benefit earned by them. Mugavari encourages all

its students who got benefitted by them to perform this noble endeavour.

Vanavil means Rainbow in Tamill. Vanavil is one such program introduced in this regard. Under this program, students benefitted through Mugavari could contribute 7% of their salary to Mugavari, which will be utilized for the education expense of the next enrolling students. The highlight of this program is naming this scheme as Vanavil by a beneficiary of Mugavari M. Boopathiraja, who is now working as an A.O.M, Palakkad division of Southern Railways. A. Ragupathi, currently doing research in Taiwan, has come forward on his own and gave the first contribution to Vanavil. Also, lot of students who are currently pursuing their studies through Mugavari are eager to get themselves involved in Vanavil after earning a degree and a suitable job. We anticipate that day when the entire education expenses of Mugavari students could be fully sponsored by previous Mugavari alumni itself.

Seven students who have committed to engage themselves with Vanavil, have shared their happiness and experience in the next few pages. On witnessing this, it is very much apparent that Mugavari's aim is getting fulfilled.



Vetri and Boopathi - Twins of Mugavari

The difference between a fool and an intelligent person is, an intelligent person knows how foolish he is  
– a fool does not know.

Sadhguru

# Vanavil Students Sharing

## MV01 A. RAGUPATHI



I am Ragupathi. My native place is Arathi Agraharam village in Attur taluk, Salem district. Right now, I am doing my Ph.D (Chemistry Dept.) in National Tsin hua University, Taiwan. After

I have done my graduation in 2005, because of financial constraints and lack of guidance, I don't know what to do further. At that critical time, I got the help of Ramesh anna (Founder of Mugavari). Mugavari not only guided me towards my next step, but also provided me all sort of helps. In simple, a help in need is a help indeed. I am blessed with that timely help from Mugavari. And also as a Mugavari student, I have learned a lot of good virtues .

There's a proverb "It is better to teach how to catch a fish rather than giving the fish directly". Isha programme which was introduced to me by Mugavari Foundation is exactly like 'teaching how to catch a fish'. Especially through Yoga I learned discipline, confidence, tolerance, patience, decision making. Because of these things I am able to put my path firm in my walks. It made possible for me to study in one of the internationally renowned universities, NTHU with a monthly scholarship of 40,000. I owe a lot to Mugavari for this. Every month, I am contributing 7% (2,800) of my salary to Vanavil scheme. According to the saying "Self-help is the best help", that those like me who got benefitted from Mugavari when start contributing to Vanavil scheme, in future it will be of great help to the students who are approaching Mugavari for help. I take pride in being a Mugavari student and I wish to contribute throughout my life...

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## MV02 M. BOOPATHIRAJA



Had there been no Mugavari foundation where would I have been now? I don't know, but certainly not a civil servant. Civil services preparation requires financial support and moral support. Being a son of a farmer, I was not financially capable of aspiring such a big career. Through my friend Vetrivel, I got the opportunity of becoming a member of Mugavari Family.

After my graduation, I joined Mugavari Foundation. I learned Isha Yoga which strengthened my mental power. Through the activities in Mugavari Foundation, I slowly groomed myself towards my dream. But I did not know where to start with, how to prepare. Even I was not aware of the basics of civil service exam. It is Saidai Duraisamy sir's Manidhanaeyam free IAS IPS Coaching Institute that offered me accommodation, coaching, study materials and books. I was one among the bunch of village students who got benefitted and started chasing our dreams with the help of Manidhanaeyam Institution. I was lucky enough to get one more opportunity. With the sponsorship of Mr.R.Krishnamoorthy, MD, Surien Pharmaceutical, I was sent to Newdelhi by Mugavari Foundation for civil services preparations. I was not able to clear it in the one-go. It took time for me. In all these hard times, Ramesh anna, motivated me positively, prayed for me, to say in one sentence, he considered my aspiration as his own. Now I am in Indian Railways Traffic Services working as A.O.M, Palakkad division of Southern Railways. My dream is not yet fulfilled, I am working towards that.

I started getting salary from September-2012 and I am contributing 7% of my salary to 'Mugavari Foundation - Vanavil 'scheme.

"Let us think of education as the means of developing our greatest abilities, because in each of us there is a private hope and dream which, fulfilled, can be translated into benefit for everyone and greater strength for our nation".-John F .Kennedy. Mugavari foundation in my understanding is exactly doing it. I take pride in being part of Mugavari Family...

.....

Confidence without clarity is a disaster.

Sadhguru

# Vanavil Students Sharing

## MV03 M. VETRIVEL



If we are not doing, what we are capable of we are not only betraying ourselves but also betraying the entire humanity. I would have betrayed myself if I had not met Ramesh Anna. I had literally buried my aim of becoming a civil servant due to the economic hardships

our family was facing then. I was working as a primary school teacher when Ramesh Anna came to me on the request of one of my cousin Sankar. Ramesh Anna took extreme efforts and persuaded me to bring back my aim. And that is how I became a part of Mugavari.

After that my life had changed completely. It is not appropriate just to say that Mugavari is helping me in my struggle towards my aim. Today what I learnt, how I see the world and how I think all are the outcome of my being a part of Mugavari. To say simply without Mugavari I am not, what I am. Who else with my economic background can get the chance of going to Delhi for preparing for Civil Services exams? Who else can get a kind relationship with a person like R.Krishnamoorthi Sir who sponsored us through Mugavari? Not to the least who else can have a chance of getting nice relationship with such many good hearts?

In the way towards achieving my goal (UPSC Civil Services Exams) I have fallen four times. But I never stayed on the ground. Of course with the moral and economic support of Mugavari I am trying again to reach my destiny. In the mean while since I believed that I can be able to work simultaneously without compromising on my studies, I joined as Supervisor in Tamilnadu Agricultural Marketing and Agricultural Business Department by clearing TNPSC Group II Exam. I felt it will ensure to utilize my human resource in a proper way and as I am earning about Rs. 25,000/- per month I can also contribute to Vanavil (means Rainbow) scheme. Like the drop of water which gets the white light from sun and give back as wonderful colours, we the students of Mugavari can give back to the future students what we got from Mugavari in several ways. One

such way is sharing a fragment of our earnings (7%) for the studies of upcoming students through Vanavil scheme. Like me my family is very happy as I enrolled myself in Vanavil scheme.

Great deeds are done in the realms of mind well before it occurs in reality. In our minds Mugavari had already reached its Zenith. We are looking forward for the day when it comes in reality. And I will be with Mugavari forever.

## MV04 K. KARTHIKEYAN



My name is K.Karthikeyan. When I was studying B.Sc. Maths in Chennai, my friend A.Prudhivirajan introduced me to Ramesh anna. I told him about my family situation and my problem in boarding in Chennai. He asked me to

come and stay with him in Mugavari Hostel. This is how I came into contact with Mugavari.

When I came to Mugavari in 2007 Mugavari Foundation was struggling for its budget. But still it took care of my food, boarding and education expenses. I completed my graduation in Mathematics and became the first graduate in my family. Mugavari Foundation helped me to continue my studies by getting a seat for B.Ed. in SRM University which is out of my reach. Mugavari Foundation had done this with the help of Mr.R.P.Sathyanarayanan, Managing Director of New Generations Media.

Many good hearts like that of Mr.Saidai Duraisamy and Mr.R.P.Sathyanarayanan are helping Mugavari. I volunteered to contribute for Vanavil scheme of Mugavari Foundation and I am feeling happy and proud of it. Because now I am working in a private school as a teacher and it became possible only due to Mugavari. In this scheme I'm giving 7% of my salary to Mugavari. I am proud that this small contribution can help some students from poor background. Because I myself came from Mugavari.

Spiritual process is not about chanting a mantra or closing your eyes. Spiritual process is essentially about enhancing your perception.

Sadhguru

# Vanavil Students Sharing

## MV05 R. VINOTHKUMAR



My name is R.Vinothkumar. My native place is ThiyaganurPudur in Salem district. I am from an economically poor family. My father lost his vision in both his eyes. I got good marks in +2 and applied for Engineering but my family

was unable to support for my higher studies. At this situation I came to know about Mugavari Foundation through Mr.S.K.Lakshmanan and I applied for help to Mugavari Foundation.

On 24.05.09 we got a chance to meet Dr.Parivendhar, Chancellor of SRM university at Trichy. Ramesh anna told him about my family situation. Knowing well about Mugavari Foundation the Chancellor gave me a seat in his institution with full fee concession and also provided hostel facilities for all the four years of my Engineering. Thus with the help of Mugavari Foundation I got a chance of studying in one of the biggest University in Tamilnadu. Today I am an Engineer in ACACIA Homes because of the timely help of Mugavari.

I wish to do a lot for Mugavari Foundation which is helping a number of students from underprivileged section. There is a scheme by name Vanavil in Mugavari Foundation. In this scheme students coming out of Mugavari are contributing 7% of their salaries voluntarily for the education of upcoming students. I am very proud that I am a member of this scheme.

I wish all those students who are studying with the help of Mugavari should participate in the Vanavil scheme and support Mugavari's growth in the future.

## MV06 M. VIGNESH KUMAR



After my graduation, as a childhood dream of becoming an IPS Officer I have started preparing for it and through my friend Prasanth and Vavipalayam Sundaramoorthy anna I came to know about Mugavari and simultaneously I got an admission in Manidhanaeyam

IAS IPS Academy of Thiru Saidai Duraisamy for the preparations. I went to Chennai and stayed in Mugavari for 2 months and due to some situations, I returned back to Coimbatore and joined in a MNC and preparing for the exams. The days which I spent in Mugavari was awesome, it taught me a lot and it shaped my future thinking's. To tell about Mugavari, it is not only helping the education of the students, it helps them to shape their future through lot of programs like Yoga, Knowledge sharing and many other useful sessions. We have many qualified students who are eagerly preparing for civil service exams and hopefully in the near future we can see many of our students will be in high positions in Indian Government.

After I have started earning, I wish to contribute something for Mugavari and Ramesh anna told me to Join in Vanavil and it is a scheme started by 3 pillars of Mugavari(Vetri, Boopathi and Ragupathi). I am happy to be a part of Vanavil as it helps us to give back 7% of our salary to Mugavari and it helps for the next generation students for their education and I hope soon all the people who is completing education through Mugavari will join in the Vanavil and will bring Mugavari to the next level. As Vivekananda said, "If you can give them positive ideas, people will grow up to be men and learn to stand on their own legs" Mugavari helps the students to stand in their legs through his strong support and motivation. It is my pleasure to be a part of Mugavari.

## MV07 G.S. DURGA



My name is G.S.Durga. I came to know about Mugavari Foundation through Chandra kanth, during my UG final year. Since then Mugavari Foundation had changed my life completely.

During my UG final year, I was so confused about what to do further in my life. At that time, Mugavari Foundation conducted a meeting for its students with Vetri anna & Boopathi anna, for which Chandra kanth had invited me. They both were sharing their experience about civil service preparation with us and I felt that I have to become civil servant, so that I can serve the needy. When I shared my wish to Ramesh anna, he was so encouraging and motivated me to take up

How dedicated we are to the basic choices that we have made in our lives, is how our lives unfold.

Sadhguru

# Vanavil Students Sharing

civil service as my ambition. Not only that, he also made me to join the civil service coaching classes to help me achieve my goal.

Mugavari wanted its students to be successful not only in their professional life, but also in their personal life. So for personal well being, ramesh anna made sure that Mugavari students take up ISHA yoga classes. Initially I was not much interested in those classes, but I took up those classes just not to hurt Ramesh anna's feelings. But those classes turned out to be a miraculous and life changing experience for me. ISHA yoga helped me a lot for my mental and physical well being.

During my civil service preparation I had the habit of taking up most of the UPSC and TNPSC Competitive exams, as I thought it will help me in achieving my goal. One such exam was RECRUITMENT OF ASSISTANT 2013 FOR 4 PSU GENERAL INSURANCE COMPANIES. I cleared the written test and interview session and got posted as an assistant in NATIONAL INSURANCE COMPANY LTD (periamet division). This would not have been possible without the coaching classes and Isha yoga. Simply saying, I would not have been, what I am now, without the help of Mugavari Foundation.

"Thankfulness is the beginning of gratitude. Gratitude is the completion of thankfulness. Thankfulness may consist merely of words. Gratitude is shown in acts."- Henri Frederic Amiel

I am always thankful to Mugavari Foundation. I started getting salary from December 2013 and I wanted to show my gratitude by contributing 7% of my salary to "MUGAVARI FOUNDATION -VANAVIL SCHEME". Right now I am earning Rs.13,295/-p.m as my salary and I am contributing Rs.1000 p.m.

At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us. Mugavari has done that for me. I am very happy in contributing to vanavil scheme and proud to be a part of mugavari family.

.....



A. Ragupathi



K. Karthikeyan



R. Vinothkumar



G. S. Durga

Life is neither suffering nor is it joy – you can make it whatever you want.

Sadhguru

# Our Home



It is a well known fact that, even if one gets admission and manage to pay the tuition fees in a college in and around a mega-city like Chennai, it is simply impossible to meet the boarding and lodging expenses. To meet the requirements of such students, **Mr. Saidai Duraisamy**, Founder of Manidha Naeyam Charitable Trust, has provided hostel facility for Mugavari Students.

These hostel students start their day with a mass-session of Isha Yoga. After that, students form simple groups to take care of cleaning the rooms, cook and complete other daily chores. This helps develop a sense of team spirit in them. Then, they're off to their respective colleges. In the evenings, when they come back from their colleges, once again groups do the cooking, etc. After supper, "Spoken English" classes and different workshops to help various specific needs of the students are conducted.

Only a man who works intensely knows what rest is.

Sadhguru

# Memorable Moments...



Poovizhi receives Best Student Award 2013 from Mr. A.R. Murugadoss



Mayor Mr. Saidai Duraisamy,  
Magavari Family Function



IAS, IPS, IRS Officers with Mayor,  
Magavari Family Function



Mr. D.Sundaramoorthy, Trustee, Mugavari Family Function



G. Meenagowri



R.T.Sathishkumar



P.Dhatchayani



G. Sakthivel

Life knows no failure. Failure exists only for those who are always comparing themselves with others.  
Sadhguru

# Memorable Moments...



V. Karthiga



H. Chandrakanth



G.S. Durga



Mugavari Medical Students Vidhya, Poovizhi & Divya,  
Mugavari Family Function



First UPSC Acheiver Mr. M. Boopathiraja,  
Mugavari Family Function



M. Banupriya, Mugavari Family Function



Mr. Jahir Hussian, Mugavari Day 2014

Every society needs individuals who will go on planting mango trees without thinking whether they will get to eat the fruit or not.

Sadhguru

# Memorable Moments...



Mr. A.P. Paramasivam on behalf of Arathi Agraharam people, Mugavari Family Function



Mr. N. Ravichandran on behalf of Parents, Mugavari Family Function



P. Vijaya



S. Narmadha



A. Dharani



A. Prithviraj



S. Sathishkumar



P. Manimuthu

Power by itself is not corruption. Only when human beings hankering for dominance get hold of power, it becomes a source of corruption.

Sadhguru

# Memorable Moments...



M. Banupriya receives prize from Justice V. Ramasubramanian, on 15-07-2011



K. Sweatha receives Best Student Award from her College on 08-04-2014



M. Boopathiraja receives Espirit de corps Award from Mr. Deviprasad Pandey, Member of Railway Board on 12.06.2014



Mugavari receives Best Performance NGO Award from Mayor Saidai Duraisamy on 26.02.2014



Mugavari receives Memento from Gold Heart Foundation on 27.10.2013



Mugavari receives Award from NDSO on 15.12.2013

Many people think management is just about throwing their weight around, but any fool can do that.  
Management is about inspiring people to do their best.

Sadhguru

## Mugavari Students with Advisory Board Members



Mr. Saidai Duraisamy, Founder,  
Manidha Naeyam Charitable Trust, Chennai



Mr. A.R. Murugadoss, Film Director, Chennai



Mr. R. Krishnamoorthy, Chairman, Sri Krish International School, Chennai



Mr. K. Vaidyalingam, Chairman,  
Balaji Rubber Industries Pvt. Ltd. Salem



Mr. V. Nandakumar IRS,  
Joint Commisioner of Income Tax, Trichy

What is generally considered as failure deepens your experience of life far more than what you consider as success.

Sadhguru

# Mugavari Foundation in Media

Translation of Interview published in 'Namadhu Nambikkai' magazine, February 2014 issue.  
(Popular in districts like Coimbatore, Erode, Salem, Tanjore and Tirunelveli of Tamilnadu)

## I reach new dimensions, only through problems!

An Interview with "Mugavari" Ramesh, by Kanagalakshmi

### INTRODUCTION

(Even before starting, Mr. Ramesh gently insists not to publish his photo, if he's not part of a group! He expresses his desire that his "Mugavari" should be established only as a joint-effort!)

My name is Ramesh, Founder of the Charitable Trust, Mugavari. Mother: Pattaththal. Father: Kuppudaiyar. I have 2 siblings. We are agricultural 'wage-laborers'. We belong to a small village in Attur Taluk of Salem District in Tamilnadu. About 300 families make our village. I completed my B.Sc. in Maths from Namakkal Arts & Science College. Then, I was preparing to attack CA exams. That was the time when I was laying the foundation for my life.

That I had helped one girl for her education, brought many more students to me, which I could not simply refuse. At that time, I did not think of creating any set-up for this purpose. But realising that if I didn't help them, their future may be rendered waste, I started to run around seeking help on behalf

of them. This put paid to my CA dreams, even as I suffered financial difficulties. I worked in an Auditor's office for some time.

Now, "Mugavari" is my full time profession.

You created this Mugavari when your life itself was in great difficulty. Please explain about it and about your early life.

My younger brother and myself were twins. My sister was elder by 12 years. Actually we brothers were named "Rama" and



Only when you are in touch with the innermost

core of who you are, you live a complete life.

Sadhguru

"Lakshmana"! It was always difficult to differentiate between us. It's only the mole on my right hand that came to people's rescue! My father sold off the land he owned to help my maternal uncle complete his education. As my parents could not buy back the land, they relocated to Chennai to work as construction workers. We were born along with penury. We brothers never grew under parents' care and affection. It was our sister, aunt (mother's younger sister), and grandparents who took care of us. Once in a while our parents will visit us during festival days, that too only if we had holidays. When my sister took me to join in a school, somehow she mentioned my name as Ramesh instead of Ramar.

As identical twins we brothers were a big problem for the class teacher who decided to send one of us to the 2nd standard while the other would study in the 1st standard! My brother wanted to join in the 2nd standard, to which I agreed. Our people used to say that I possessed an inherent nature to adjust even as a kid. Why I'm pointing this out is because my brother compensated for my sacrifice at a later date on an important occasion. When our family could support only one of us to continue our studies, my brother volunteered "You study. I'll work to earn!"

I was an average student in college. We were wallowing in poverty when in school. We had to walk 5 kilometers to school. We had no good dress to wear. We won't be allowed to enter Physics or Chemistry laboratories without footwear. We used to borrow footwear from friends for the lab classes. When my younger brother was in 12th Standard and me in 11th, we both had to do with just one set of uniform. After he wrote his exams in the morning, I'll wait for him to come home and give the dress to me so that I'll write

my exams in the afternoon. Our school life went on like this.

I attended my first day in college, with the full pants lent by my friend Pandurangan and the shirt lent by Rajendran 'anna'. For about 20 days, I didn't tell this to my parents. My father bought me some new clothes with the money earned as stone quarry worker. After that, I wore only those dresses. I passed out of the college as "best student" and College Topper. Poverty never succeeded in deterring me in my studies and career.

When I was bagging the Best Student award, Alumni Association award, and Topper in our course awards one after the other, my bad luck brought the bad news that I had failed in one subject. It was shocking for me. There was no instant re-totalling provision then. So, I applied for re-totalling and waited. Though many leading universities offered me seat for my Post-Graduation, I could not accept any. Everyone in my batch had joined courses for further studies. I could do nothing, but wait. But what hurt most was the jeer, taunt and sneer that I had to endure. People made fun saying the Best Student of the College had actually failed in a subject! That six months I stayed back in hostel as I could not even go back to my home, for want of funds.

My sister's heart problem was the reason we fell into very bad days, financially, as my parents' income was barely sufficient to meet her medical expenses. Amidst these problems, I received my re-totalled marks. Before re-totalling, I had secured 26 marks, but the re-totalled marks showed 76, hence I had cleared all papers. But, that one year I had to endure a lot of pain and agony mentally. My sister's heart condition worsened. I cannot forget the number of marks I got in re-totalling – 76, as that was the number of

Resentment, anger, and hatred are poisons that you drink and you expect someone else to die.  
Life does not work like that.

Sadhguru

days I stayed with my sister in the hospital during her treatment. But, she died.

During my stay in the hospital I observed something. A few patients got quick and priority treatment as they came with “recommendation” from VIPs. I felt my sister’s treatment was delayed, as we after all, were mere common men. If someone from our family or relatives was a doctor or VIP, my sister could have been saved.

**When you yourself was going through a tough time during your early years, when did the idea took root, to help others?**

I was doing my CA then. There was a girl in our relatives circle who had secured good marks to pass her 10th. Her family was financially handicapped to help her pursue her studies. Keeping in mind her good 10th marks, I joined her in a private school. At that time, without realising the importance, I casually told her “you got good marks in 10th. If you continue securing high marks, we’ll make you a Doctor”! She scored 1136 marks to clear 12th standard!

I actually forgot about my promise. So, when she stood before me with her marksheet, I told her, “you got good marks. Why don’t you go for Teacher’s training?” She simply reminded me that I had promised to make her a doctor. Her words landed like a sharp slap on my cheek. I decided that she must not be let down at any cost, even though I had uttered my promise very casually, without meaning it. But, those words had actually motivated her to score such a high marks. Her sincere efforts actually motivated me. Plus my sister’s death, which determined me to help someone known to become a doctor. I decided to make her a doctor.

My parents had an in-born tendency to help others. I had grown seeing that in them. In our

small village there used to be fights between families. When no one else cared to intervene, my mother always took the initiative to bring peace between the fighting families. She was foul-mouthed by others, for her such efforts. She cared a hoot for all that. She always wanted her neighbors to live happily. Similarly my father sold his properties to educate my uncle, who became the first graduate of our village. But, that man never helped my father when he was in dire financial need. Still, my father brushed his attitude aside saying “We sold our land only to educate him. And, he got education. That’s enough”.

So, my nature to help others is not due to some miraculous forces. Its purely the type of people whom I came across during my formative years, whose attitude to help, got imbibed involuntarily in me.

**You are not wealthy, yet you’ve started an organization of this type. Have you ever felt like winding this up? If Yes, how did you manage such a feeling?**

When we were staying in a rented house at Dhandeeswaram in Velachery, many students came to our “Mugavari” as their last hope. Still, I could not find sponsors for all of them. Due to our own financial difficulties, we could not pay rent. As I had no savings for myself or my family, there was difficulties in our family too. When all these peaked to unmanageable proportions, I confessed to a “Mugavari” student, Mr.Vetrivel.

He reasoned while there are many who can pursue CA, I had the perfect attitude for charitable work like “Mugavari”. Many students will benefit from my work. He in fact pleaded with me to not discard “Mugavari”. I accepted his reasoning.

Vetrivel not only advised, but went on to take all initiatives to guide “Mugavari” into a proper

Your personality is something that you created. Once you are aware of that, you could create it whichever way you want.

Sadhguru

path. In fact he along with Mr.Boopathy Raja, whom he brought, are the two eyes of “Mugavari” in running its affairs.

**Your activities revolve only around education. What’s your outlook towards education?**

That’s a good question. In fact I did not consciously decide to help only for education. It happened in me. As I told you earlier, when the girl aspiring to become a doctor approached me, there was this film “Ramana” released in local theaters. That film left a deep impact in me. I believed the film’s director Mr Murugadoss would help in Mugavari’s cause and hence, I approached him. I also got help from him. That girl got admission in Chengalpet Medical College. This event became the talking point in our place. The fact that a girl with absolutely no wherewithal did pursue medicine, made many others to decide to continue their education. So, more people approached me to clear their doubts about education and related matters.

I too felt deeply that it was the right journey for me, though it formed on its own. Because, education brings about a broad outlook in a person. It imbibes understanding. You can offer water for the thirsty; wish others well; live a life not antagonising the nature. All these are typical charitable work. We don’t need to sacrifice anything big or make extraordinary efforts. Just live in vibe with the nature. That itself is great charitable work. But, God destined me to express my natural desires in the field of education. Hence, I answered my inner voice to make my choice of field, better.

Moreover, one who surpasses hurdles to achieve leadership, those with pioneering spirit can impact positive changes. Those with good attitude, character and outlook can bring about a great future if they’re given the all important

education. This is my firm belief. My work makes me believe that the right education to the right person can bring about huge social change.

**You’re running a non-profit organisation. This field attracts harsh criticism. How do you face such challenges?**

Criticism as such, depends on one’s outlook. The jibes, jeers, and taunts that my work initially attract usually end up as envy and helplessness. So, criticism can be seen viewed differently by different people. Those who criticise views my work through the lens of their own knowledge & wisdom. I face such criticism in my own level of understanding. History tells us, those who are deified as geniuses today, actually were stoned to death, once. This is but natural. If we are clear about our goals and the path leading towards it, we can always ignore such criticism to forge ahead. When we achieve success, it will be those who criticised us who will need to criticise themselves that their views were wrong.

Its not that such criticism along with the demoralising comments hasn’t affected me. I too am only an ordinary human being. In fact, some of the students whom I had helped, have criticised me! But all these have only taught me this: The bigger the problem, the bigger the solution I find. If the problem is small, I get to find only a similar insignificant solution to escape from it. I reach newer and newer dimensions in life, only through problems.

**The person who impacted you most?**

I would rather say that its not a man but only my Guru who impacted me the most. Because, I’ve always felt as if He’s handwalking me through every minute of my life. In February 2005, I attended Isha classes, but did not feel any great change in me. I continued doing it. I reached

There is only one calamity: ignorance. And there is only one solution: enlightenment.

Sadhguru

the high level class of “samyama”, after which I got a chance to meet our “Sadhguru”. At that time, I barely understood what was spirituality. I did “samyama”, a second time. Each one of the student in that class was unique. Many achieved the pinnacle of “shakthi” stage. When Sadguru was graduating the students of “samyama”, I was sitting in the front row. I felt peace all over me. I could see the non-stop tears from the eyes of Sadguru. For nearly one and half hours, it didn’t stop. He kept on wiping it off with a cloth. This scene shook me to the core. In this selfish world, why should the Sadhguru shed tears of joy for our well-being? By graduating us, he wants us to live happily. But, why should he shed tears of joy? But, he did. This became the undercurrent of all my future activities in life.

Likewise, you asked me which was the book which affected me most. I never had book reading habit. But, I used to see a lot of movies. I learnt even this habit only from my mother. She watched a lot of movies. Like a screenplay writer, she will guess accurately the next scene. At the time when I helped that girl study medicine, there was this film “Samurai” running in local theatres. The heroine of the film studied medicine. There was corruption. The heroine will pressure the hero to raise questions about the corruption. When the hero answered that he would have taken up such issues if the affected was his relative, the heroine will die with the parting words “I’m your lover and I’m dying. Now, go and take up the issue”. This was the theme of the movie. Probably movies like that along with the movies Ramana, Lagaan, Stalin inspired and instilled a sense of purpose in me.

**There are such successful people who’ve become sponsors and philanthropists travelling with you in your journey. How did this become**

**possible for an ordinary man like you?**

You need to have belief in what you do. This belief may not happen overnight. In fact you may have to bear demoralising retorts, jibes, taunts, etc. I have travelled long distances on foot to find sponsors. Some have made me meet them 100 times before agreeing to sponsor. Sometimes I have waited from early morning 5 am to 8 pm right at their doorsteps. “Is it always like this with you”? asked people in dejection. Once Mother Teresa received a contemptuous spit on her extended hand, from an industrialist. She extended the other hand saying “you’ve given that for me. Now, kindly give something for those who’ve come to me seeking help”.

Even if I could not reach such levels, I always try my best even by torturing my body, to connect to a sponsor. If a girl or boy gets education from such an effort, that’s my victory. That victory infuses an unexplainable confidence in me.

Sometimes, others infuse confidence and belief in you. But, the self-confidence is achieved only with our own strenuous efforts, when culminating in success. This cannot be received from outside. Hence, each of my success instigated me to seek further success, which further fueled my self-confidence. Though I’ve struggled to meet many sponsors, there are others who’ve appreciated my purpose and had readily agreed to sponsor. This motivated me more.

Continued efforts. To meet the potential sponsors in good mood, I use to gift them Sadguru’s books and CDs. This brought about a conducive atmosphere. Now, there are over 200 students who gets education through Mugavari’s efforts. What started as a small step, now surprises me when I look back. The reason is honesty and transparency. And, most importantly gratefulness. The ever growing list of people whom

Work is an expression of who you are, so who you are needs to be worked at.

Sadhguru

we should thank profusely includes Film Director Murugadoss, Chennai Corporation Mayor Saidai Duraisamy, Chancellor of SRM University Dr. T.R.Pachamuthu, Managing Director of Surien Pharmaceuticals R.Krishnamurthy, Balaji Rubber Chairman Mr. Vaithiyalingam among many others. The basis of Mugavari is gratefulness. Nothing further else was planned. I don't have any background to speak about. Transparency, honesty and gratefulness are the only traits I practice.

### **Your future dreams?**

My Sadguru used to say "If you plant a Mango seed, don't expect to eat its fruits in your lifetime. Believe, its for the future generations." Likewise, my dream doesn't confine to the present. If so, then its no dream at all. Only if you dream big, its benefits will reach even generations further down the line. The students who've benefitted thru Mugavari are in good positions in life. Such former students should come back to Mugavari to help its cause. They should contribute a small portion of their income, so that more students enjoy the benefits of Mugavari's efforts, like they did. This should form and grow like a chain reaction in Mugavari students. This is my dream. This generation enjoys the patronage of a few sponsors. But, Mugavari should stop leaning on outside sponsors to continue and expand

its mission. Today's student should support tomorrow's.

Based on this idea, a new setup called "Vanavil" (rainbow) has been formed by former students of Mugavari. This effort is being implemented by successful Mugavari students. Moreover, those who complete their education through Mugavari should join this Vanavil to help future Mugavari students. I am indebted to the 7 Mugavari students, Ragupathi, Boopathiraja, Vetrivel, Karthikeyan, Vinothkumar, Vigneshkumar and Durga, who are behind Vanavil. These have given life and form to my dream through Vanavil. Today's 7 should become 70 and 700, and further. This step-by-step growth of Vanavil is my dream.

Named Ramar, I became Ramesh because of my sister. And, when I named the charitable institution as Mugavari, "palam" Kalyanasundaram sir was so pleased that he addressed me as "Mugavari Ramesh" for the first time. That name stuck. In the future, only "Mugavari" should be remembered while my name Ramesh fall off in the long journey, to help create thousands of students with heart.

So concluded "Mugavari Ramesh, after explaining his dreams beyond generations. Our best wishes for his dreams to come true.



"MUGAVARI" (ADDRESS in Tamil). Every human being in this world is endowed with an inherent humanitarian warmth, which can be brought out to benefit others. All it would need is favourable ambience to stimulate them. The resultant exuding warmth will go on to become each one's identity or address. "Mugavari" endeavours to achieve this lofty goal by imparting higher education to one and all.

Optimists hallucinate; pessimists get depressed. Both will not get anywhere. You must be willing to see everything the way it is.

Sadhguru

# Mugavari Foundation in Media

Article about Mugavari Foundation published in The Hindu, on 9th March, 2014

4 DOWNTOWN

THE HINDU • SUNDAY, MARCH 9, 2014

## Gift of higher education

K. Ramesh of Mugavari Foundation gave up his higher studies to help others pursue theirs. PRINCE FREDERICK meets the social worker



The grin on K. Ramesh's face is wider than any the Cheshire cat ever managed. Midway through the interview, I apologise to him that the photographer will arrive anytime and we should head out into the sunlight for a shoot, and he begins to grin. "No photographs of me," he says in a tone that lies somewhere between politeness and firmness, and thrusts a magazine, which carries an article about his work of shepherding youngsters who battle financial difficulties in their pursuit of higher education.

The writer of that piece had also come up against Ramesh's obdurate, cast-in-iron no-photos policy and recorded it for his readers. "He is not alone. Every time I give an interview, I say 'no' to photographs. On every occasion, I have had my way," says Ramesh.

With anybody else, this would come across as arrogance. With a chuckling of childlike simplicity and self-effacing honesty, Ramesh however escapes being judged harshly for this. "I get people to sponsor these youngsters for their higher education. They are doing the job I cannot take credit for it. I am just an instrument. At events related to my work, I avoid the dais and also getting photographed. I am not always successful; sometimes, I am in the wrong place and the camera catches me," says the 35-year-old founder of Mugavari Foundation, which has helped 210 students get higher education since its informal inception in 2003.

"Out of them, 22 are medical students. Twenty are from Anna Universi-



ty. There are students in many other major colleges of Chennai, including SEM, Loyola, MCC and Queen Mary's," says Ramesh.

Having found jobs, some of the beneficiaries have returned to the Foundation with thankful hearts and made a commitment to contribute 7 percent of their salaries to it. They constitute a group called Vamavil (tribeborn).

Ramesh has brought along A. Ragupathi, the Foundation's first Vamavil member.

"It will be apt if he is photographed. He epitomises the success of the initiative," says Ramesh.

Ragupathi hails from the same village as Ramesh - Aruthi, Agraharam village in Sakari. He had scored 9000 marks in his twelfth board exams, and Ramesh took him under his wing, finding sponsors to help him through a bachelor's and a master's degree in chemistry. At present, Ragupathi is into doctoral studies in chemistry at National Tsing Hua University (NTHU) in Taiwan.

The majority of the beneficiaries had performed well at school, some finishing with a flourish, scoring

heavily in the 12th board exams.

The very first student, Ramesh helped to find a sponsor, Kasthuri, also from Aruthi Agraharam, scored 1036 marks in her board exams. When Ramesh discovered that lack of money had forced her to relinquish, he began to frantically look for a sponsor. He approached film director A.R. Murugadoss, who heartily agreed to provide financial support to the medical student. Through the five years, he met the costs of education.

This was back in 2003, and seeing that he had helped a student study in medicine, many others from his village sought his help to find sponsors for their education. With the word spreading about Ramesh's kindly service, more people flocked to him.

In an irony, he got sidetracked from his pursuit of chartered accountancy (CA) by the growing commitment to find sponsors for others' higher education. He had completed CA Intermediate and with that qualification, he found a job. In 2006 he named his initiative Mugavari and was supporting a few students for whom he had found admission in colleges across Chennai. The going was not good and Ramesh found himself entertaining thoughts of giving up on the mission. It took an impassioned talk by one of the beneficiaries of the Foundation's work for Ramesh to change his mind.

Ramesh says, "Vetriavel, who studied at Loyola college and subsequently passed Group 2 of TNPSCT, told Ramesh, 'There are many who can do CA, only a few have a heart to serve others. You have to continue doing this.' The talk gave me a lot of confidence."

Ramesh changed his mind and things began to fall in place. In 2007, Ramesh's work caught the attention of 'Sadar' Duraisamy. "He provided me and the students food and a place to stay in Velachery. These are students who could not afford hostel fees or independent accommodation, I continue to stay here with a set of students."

Over the years, Ramesh has built a body of supporters who sustain Mugavari Foundation. He says, "There are around 100 people who offer financial support, around 40 per cent of these regularly and the rest off and on."

For details, go to [mugavarifoundation.org](http://mugavarifoundation.org)



(Clockwise from top left) A. Ragupathi, a beneficiary who now contributes to Mugavari Foundation; Mayor 'Sadar' Duraisamy and film director A.R. Murugadoss, who are ardent supporters of the initiative; and a group photo of the beneficiaries. PHOTO: S. KRISHNASWAMY

Social, national, and global realities cannot be changed without working on human consciousness.

Sadhguru

# Mugavari Foundation in Media

Translation of Article about Mugavari Foundation published in the 'Enadu'  
Sunday Special on 13-04-2014 (Reputed Telugu Newspaper)

## An address to 'Helping hand'

These days, people try to blow their trumpet to attract the attention of the public for whatever they do. Contrary to this, K. Ramesh, an ordinary common man, shying away from all the publicity, has been moulding the future of hundreds of youths by helping the poor students. 'Mugavari', the institute he founded in Chennai, has become an address for lending hand for deprived youth.

Boopathiraja is a Civil Services Group I officer in Indian Railway Traffic Service (IRTS). Every day, he thinks of 'Mugavari' because, it is this institute which made him what he is now. 'Mugavari' has spotted the talent and determination in him and encouraged, supported and made him realize his dreams. Similarly, many talented poor students like Dr.Kasthuri, Vetrivel and Thamaraiselvi have benefitted from the 'Mugavari' Foundation. In Tamil, 'Mugavari' means address. Truly living up to its name, the institute has become an address to more than 220 destitute students by assisting them. It not only provides food and accommodation to the students free of cost but also bears all the expenses for their studies. These students are pursuing their dreams in Civil Services, Medicine, B.Tech., M.Tech., M.Sc., B.A., B.Com. etc.. It recognises poor and talented students who cannot pursue their studies because of poverty. Based

on the news reports and through the applications, it goes to field level, examines and discovers the talent. These underprivileged meritorious students are brought to Chennai and the Foundation takes care of all their educational needs. It also sends aspirants to Delhi for coaching to fulfill their civil services dreams.

The man, who is helping all these deprived students realises their true potential, is 35-year old K. Ramesh, son of an ordinary daily wage labourer. Ramesh's life has been full of hardships. His poor father used to work as a labourer in Chennai. There were many nights when Ramesh slept on footpaths of Chennai along with his parents since they had no shelter. Living life in poverty, he is aware of all the hardships one has to go through to get good education. This has made him determined to help



Your thought process connects you with karma. If you create a distance between you and your thoughts, you will be beyond karma.

Sadhguru

needful students in whatever way possible. Right from days of pursuing Chartered Accountant (CA), Ramesh used to support poor students by providing food and accommodation facilities. This concern for poor students in him has led him to establish 'Mugavari'. Actually, this inspiration has come from a girl named Kasthuri, a poor student from Ramesh's native place Attur in Salem district. She is brilliant in studies and secured more than 90% marks in her intermediate board exams. She had a dream of becoming a doctor. But her poverty has become a big hurdle in pursuing her dream. Ramesh guided her to go for teacher training to get a quick job. She was disheartened at this suggestion and the inability to fulfil her dream of becoming a doctor. Deeply moved by her desire to reach her goal, Ramesh decided to help her pursue her dream at any cost. Through his friends, he approached Director Murugadoss and sought his help which the director readily agreed. Now Kasthuri is pursuing her P.G. in Ophthalmology after finishing her Medicine. Seeing Kasthuri realised her dream, he thought of expanding this initiative and founded 'Mugavari' to help needy students.

Initially, he faced so many obstacles. At a time, when he was struggling to establish himself, it was difficult for him to support others. But, his determination was strong. He rented a house in Chennai and started providing free food and accommodation to poor students. He needed 15,000 rupees per month for this at that time. Some of his friends supported him financially. That's how the journey of 'Mugavari' began. Inspired by the unrelenting services of Mr. Ramesh, Mr. Saidai Duraisamy, Founder of Manidhanaeyam charitable trust (the present Mayor of Chennai Corporation) has allotted a part of his marriage function hall in Velachery for 'Mugavari' to run its activities.

Atleast 30 students from 'Mugavari' have already pursued their higher education and doing well in their jobs. They initiated a programme called 'Vanavil (Rainbow)' in which they donate 7% of their salary to the 'Mugavari' foundation to help deprived students. Some donors have adopted some of the students and bear their educational expenses. Knowing about the 'Mugavari' foundation, the then Former President of India, Dr. Abdul Kalam has invited Mr. Ramesh to Governor's Bungalow at Chennai and appreciated his efforts. Though he serves hundreds of poor students, he is always away from the publicity. He neither comes before media nor allows publishing his photographs anywhere. "Who I am is not important, but whether I can help the poor or not is important" says Ramesh, "My aim is to make 'Mugavari' a permanent address for helping as many underprivileged students as possible". Let's wish Mr. Ramesh success in all his endeavours and hope that he fulfils his dreams.



Article about Mugavari Foudation in Patrika News Paper, Rajasthan - June2014

When you are committed, the whole world is behind you, supporting you in fulfilling your dream.

Sadhguru

# Audit Report

## Financial Year 2011 - 2012

PAN-AADITYA00794-26-11-0194.M  
 Ass. year: 2012-13

MUGLANSI FOUNDATION,  
 Anand Vihar, Sector-14,  
 Kirti Khand, Solani District  
 PIN- 658 112

RECEIPTS & PAYMENTS A/C FOR THE PERIOD 14.11.2011 TO 31.03.2012

**PAYMENTS**

To	By
Education expenses (Team fees, ) Semi fees & Monthly (max cap)	382500
Food expenses	30440
Home maintenance	6740
Computer maintenance	3500
Teachers Salary	12000
Classification expenses	3000
Administrative expenses	3000
Traveling	5460
Fund payment (Rural children Education)	158000
	<b>285500</b>

**RECEIPTS**

Voluntary contributions	285500
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285500

285500

Balance Sheet as on 31.03.2012

**LIABILITY**

Current Fund	1001
Fixed Capital	1001

**ASSETS**

SRG & Prashant Cash on hand	1001
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1112

366

1001

1001

*Prashant*

For MUGLANSI FOUNDATION

LT

Prashant - Com - Mansingh Tyagi

*Prashant*

## Financial Year 2012-2013

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The accounts of Mugavari Foundation (18.11.2011 to 31.03.2012) & (01.04.2012 to 31.03.2013) was audited by Mr.G.Ranganathan, Chartered Accountant, Salem and submitted to Salem Income Tax office by Managing Trustee K.Ramesh and Trustee Mangalapuram R.Saravanan.

# Audit Report

Financial Year 2013-2014

[illegible]

RECEIVED FOR CURRENT BALANCE		RM	
RM CURRENT		794.00	
TOTAL		794.00	
RECEIVED FOR CAPITAL ACCOUNT		RM	
CURRENT FUND		1151.00	
TOTAL		1151.00	
RECEIVED FOR OTHER INCOME		RM	
CASH ON HAND		2292.00	
TOTAL		2292.00	
RECEIVED FOR OTHER ASSETS		RM	
RM IN ACCOUNT OF OTHER ASSETS		211.00	
TOTAL		211.00	
TOTAL			400.00
CURRENT ACCOUNT OF CURRENT FUND		RM	
RECEIVED CURRENT BALANCE		1543.00	
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The accounts of Mugavari Foundation (01.04.2013 to 31.03.2014) was audited by Mr.G.Ranganathan, Chartered Accountant, Salem and submitted to Salem Income Tax office by Managing Trustee K.Ramesh and Trustee Mangalapuram R. Saravanan.



# Foot Prints

I am Ramesh. My native is a small village named 'Arathi Agrahaaram' in Attur, Salem district, Tamil Nadu. My parents were labourers in the agricultural farms. One elder sister and one younger brother are my two siblings.

Having completed my graduation at Namakkal Arts College in B.Sc. (Maths) and with an aspiration to complete C.A. and become an auditor, I started working at the office of Auditor Salem G. Ranganathan, under Auditor Suresh, through recommendation from Advocate Masilamani. During this period, when my sister passed away due to heart disease, it was a huge blow for me. Later, in March 2002, Kasthuri, a grade 12 student of our village scored 1136/1200 and was willing to pursue M.B.B.S. but as her entrance exam score was not sufficient she could not get an admission. My sister's demise and Kasthuri's eagerness to take up M.B.B.S. together created a great impact in me and I decided that I will help Kasthuri to realize her dream of becoming a doctor, come what may.

Next year, my brother S.K. Lakshmanan helped her to enroll for a coaching class to write the entrance exam. Kasthuri put in her best efforts and scored good marks achieving 3rd rank in the state level. Though she got the M.B.B.S. seat, for the admission expenses I had to request many people for help. It was the time, when the movie 'Ramana' was released and it made a huge impression on me. For the first time, on 24th June 2003, I met A.R. Murugadoss Anna, the director of the movie and requested for help. His approach gave me so much confidence. And thus by helping a poor girl for higher studies it was A.R. Murugadoss Anna who sowed the seed for an organization, which in the later years named 'Mugavari'. I am greatly indebted to him for my lifetime. Whenever matters about 'Mugavari' are being discussed he emphasizes not to postpone my marriage and caringly advises to get married as soon as possible. On hearing his voice a positive energy engulfs me always. He is not only a great person but also like a brother to me. I feel fortunate to have got his contact.

By helping a poor girl to accomplish her dream of becoming a doctor made me realize the fact that a sincere effort will lead us to many such hearts with helping tendency. Following this, few more students from my village started approaching me seeking help. I was 25 years old then. It was

the time, I wanted to lay a strong foundation for my life and was preparing for C.A., but could not refuse those students who came to me in need of help. At that moment, I did not have any idea of forming an organization. At the same time as I did not want to spoil their future by refusing help, I started running around to look out for financial aid. Only then I understood that it is not easy to get financial assistance to all streams of higher studies as earlier received for M.B.B.S. In spite of all the hardships I still managed to garner support and help the students in whatever way possible.

At this point of time, I realized that if I continue in a proper organized way I shall be able to help more number of students. All the efforts that I undertook regarding this initiative only shattered my hopes of becoming a C.A. On top of it, as my financial pressures also added up I became mentally stressed. Isha Yoga helped me in overcoming this stress. I will not be writing this article and my life would have been in a different direction, if I had not met Sadhguru. It was Sadhguru who held my hand and showed me the right direction of life. I am very gifted to live during his life time. The students of Mugavari too are getting benefitted by learning Isha Yoga. One day, while I was returning with peace of mind after the meditation at the 'Isha's Dyanalingam Temple' the name 'Mugavari' dawned in my mind. With seven students who were beneficiaries we went to Gandhi Mandapam in Chennai on October 15, 2006 and named our organization as 'Mugavari'.

At this juncture, people like Mangalapuram Saravanan Anna, Govindharaj Anna, Advocate Masilamani, Durai Anna (Texas Tech), Lakshmanan Ayya (Lena Steels), Tagore Kalliappan, Agaram A.P. Paramasivam Anna, Namakkal S.R. Jawahar Anna, CA T. Padmanabhan, Paalam Kalyana Sundaram Ayya were pillars of strength and provided support to Mugavari during those tougher times. In particular, 'Paalam' Kalyanasundaram Ayya gave me immense encouragement. When I told him that I have named our organization as 'Mugavari', he was very happy and addressed me for the first time as 'Mugavari Ramesh', the title which has now become permanent. And thus at the middle of 2007, Mugavari became a foundation with 21 students already benefitted through it.

If just one percent of the population stands up in a committed way, at least the physical suffering in the world could be wiped out.

Sadhguru

During this period, we were staying in a rental house at Dhandeeswaram, Velachery. While many students believed in Mugavari and came to us for aid, we were not in a position to help everyone. We were in a financial crunch that even the rents could not be paid. As I was not taking care of my personal life, I had conflicts with my family too. When the situation went unbearable I decided to give up Mugavari on 31st August, 2007. I opened my mind to one of the students Vetrivel. He said, "For your nature, Mugavari will be the right choice. There are many who can study C.A. and work in that field, but this deed is possible only by people like you. It may be a tough path to travel but many students will get benefited. Please do not leave Mugavari." I totally accepted his words.

Vetrivel not only gave this idea, but also took initiatives to get into action and guided Mugavari to move forward in the right path. Mr. Boopathiraja, who came to Mugavari through him, also acts as a pillar of strength for us and both remain as the eyes of Mugavari.

From September 1, 2007 I immersed completely into Mugavari's actions. Slowly, many doors started opening for Mugavari. On October 4, 2007 I had the opportunity to meet the 'Humane Person' Saidai Duraisamy. He permitted not only to make use of the room next to the marriage hall he owns at Velachery but also took care of the food expenses of the students. He shouldered Mugavari at a sliding situation and made it a known name. Till date, I owe him the food I eat. It's because I had a place to stay and get sufficient food I could implement Mugavari's action in the right path and take it to the next level. It is due to none other than 'Humane Person' Saidhai Duraisamy. Similarly, to this day Gowri akka, Suseendra akka, Vavipaalayam Sundaramoorthy anna and my mother Pattathal all supported me financially even if I do not request them and are very affectionate with me and Mugavari.

I met Mr.R. Krishnamoorthy anna, MD, Suriyan Pharmaceuticals for the first time on 23, March 2009 at Vetri Lodge, Kallakurichi. Due to his down to earth friendship even now I am like a member of his family. By helping many of our students he took it to a new dimension. Sharing his experience he always says that I should not leave my identity and that's my strength.

Chairman of Balaji Groups Mr. K.Vaidyalingam ayya consider us a part of him and introduced us to many hearts with a helping tendency. S.R.M University Chancellor, Dr. Paarivendhar receives me always with a sweet smile, enquires my need and helps our students to get educated in their University. Mr. Perundhurai T.P.Ulaganathan without any publicity helps in many ways for the past 4 years. Only very recently he accepted to disclose his name after my repeated requests.

We have published a book in Tamil which is a document of all our activities for the past 11 years. The book was released on 02.10.2013 by Mr.Saidai Duraisamy (Mayor, Chennai) and received by Mr.R.Krishnamoorthy (M.D. Surien Pharmaceuticals), Dr.L.Karunamoorthy (HOD, Anna University), Mr.Balasubramaniam (Nallore Vattam) and Mrs.Sripriya (Gold Heart Foundation). On 03.10.2013 I got an opportunity to meet Dr.A.P.J.Abdul Kalam with our Trustees and gave him a copy of the book. He is very happy of hearing about Mugavari and he blessed it to grow well. It is really a wonderful moment considering we named the Foundation as Mugavari on his birthday (October 15, 2006) being inspired by him.

Above all I got a chance to meet my Guru Sadhguru, with our Mugavari students(A. Prithiviraj and E. Vidhya), on 25.12.2013 and told him about Mugavari and gave the book. It is the best moment of my life speaking to my Guru about what I have done so far.

Like all these great people Mugavari has a very good relation with all those who support and help us. We from Mugavari meet a lot of people one by one to get their help like how a house is constructed brick by brick. Also, we have a good rapport with each of them. Today, almost 133 donors are supporting and financing us and 232 students got aid. Many students have come out of our foundation successfully.

Our very first student Kasthuri studies M.S. Ophthalmology at Madras Medical College. M. Boopathiraja IRTS successfully cleared 2012 UPSC Civil Service exams and is now working as A.O.M, Palakkad division of Southern Railways. A.Ragupathi has taken up research studies at world famous NTHU University of Taiwan. One girl student has cleared Group I, TNPSC exams as District Registrar (D.R.). Ten students have cleared Group II TNPSC exams, Banking exams, TET and Govt. Sector exams. 29 students are studying in government medical colleges. 22 students are studying in Anna University.

Justice V.Ramasubramaniam, Former Chief Election Commissioner of India T.S. Krishnamoorthy I.R.S., T.Pichandi I.A.S., T.K.Rajendran I.P.S., V. Nandakumar I.R.S., S.R. Gandhi R.P.F., our Former President of India Dr.Abdul Kalam's scientific advisor V.Ponraj, New Generation Media Managing Director R.P.Sathya Narayanan, Padmashri CA T.N. Manoharan, Chartered Accountant A.Selvaganesh, CEO of Dhyam Infotech Ram SakthiKumar, Dr.Ramaprabha, Dr. Akila Senthilkumar, CFO of MBDL T. Krishnamurthy, Dr. G. Arumaikannu, Er. K.Kavitha, Chairman of Rich India Groups Dr. D.Arulanandhu, Thamizharuvi Manian, 'NallorVattam' Balasubramaniam, 'Yennangallin Sangamam' J.Prabhakaran, Gold Heart Foundation Sripriya and 'Prime Point' Srinivasan were all instrumental in paving a right path for Mugavari and its students.

Success does not come to you because you want it. Success comes to you when you do the right things.  
Sadhguru

As in the beginning we were helping only for those students from our village, today as many as 55 students from our village alone are pursuing their higher studies in various fields. In this, it is important to note that girl students are equal in number with that of boys. Five students have taken up Ph.D research studies. Later, students started approaching Mugavari from peripheral areas. Students are approaching us from all parts of Tamilnadu as articles about us have been published in leading magazines and News papers including 'Pudhiya Thalaimurai', 'Anandha Vikatan', 'The Hindu' and also some online magazines. For the academic year 2014-15 we have received 72 applications. Out of it we have selected 22 students after severe scrutiny as per our students selection process.

At this moment of joy while thinking about the development of Mugavari, I express my sincere gratitude to all the great hearts that helped the growth of Mugavari. I believe that I had only been nothing but just instrumental while all this happened.

My dad's hard work and innocence, my mom's honesty and sacrifice, my elder sister's love and affection, my younger brother's care and kindness and the impact it made in my upbringing were only the very basis of this. Mr.D.Jaisankar who has given me strength and encouragement for the past 15 years in spite of all differences, too helped in the growth of Mugavari. Along with this, the dedication and support provided by my beloved Sister M. Banupriya & Vanavil students A.Ragupathi, M.Boopathiraja, M.Vetrivel, K.Karthikeyan, R.Vinothkumar, M.Vigneshkumar and G.S.Durga motivates me and strengthen my thought to support more and more students like them.

The involvement of all the other students also enhances Mugavari to grow, spread, and flourish. Apart from all this, my dad who is uneducated, helped out of his way, to get my maternal uncle educated who is now an engineer. My dad brought me up according to my will and wish. Though he was worried that I was not financially sound enough, he was clear of the fact that I should never feel hurt. Besides he also understood the importance of education very well. If he had been alive today he will be the happiest person seeing the growth of Mugavari. It is sad that time took away him in an awful demise. My father is my role model.

I would not have done anything without all these people. We completely realize the thought of Saint Poet Thiruvalluvar that, 'Even though it is small one, a timely help is as big as this world'. We will see to that we are always in contact with those who helped us. This quality of appreciating even a small help in a big way is what that took us to such a high platform. That is what made us permanently incorporate the

phrase, "Gratitude is Life" in our logo. Our gratitude is the catalyst that helped our growth. Our nature is to be thankful to everyone. At the same time our actions too are unique at our foundation.

My wish is to create more and more officials who keep alive humane tendency. I particularly like Mr.Udayachandran IAS, who as the district collector of Erode arranged for a bank loan for many students at one shot. He could easily accomplish in just a day what we have been struggling for many days now. My wish is to develop more and more such dedicated and helpful officials.

The main aim of this edition is to help those deserving students in one way or the other. As a proof, we put forward our past actions. Our actions consider transparency and honesty as its two eyes.

I feel shy when everybody mentions me as 'Mugavari Ramesh' and it's purely because the belief they have in me. When some students joined to work with me, they wanted to fulfill my personal needs, which I refused and instead requested them to associate themselves in 'Vanavil' scheme and start supporting students who may come to our foundation in the future, because it is not 'Ramesh' but the growth of 'Mugavari' that is important. My wish is that the name Ramesh should fade out and 'Mugavari' should shine and remain forever. Also, in this effort of mine, many generous hearts as a team should come together, work and pave way for the dream of many students. So we have formed different committies like the Trust, Advisory Board & Students Panel to get support and provide feedback to take Mugavari to a new dimension.

As many loving heart's desire I shall definitely satisfy my personal needs on my own. I am going to start Organic stores soon. I am happy to say that Sadhguru named it as 'Linga Bhairavi Organics' on 02.08.2014. My wish is that the Organic stores which I am going to start will serve my personal needs as well as it should serve as a platform for furthering the cause of Mugavari. I am full of hope that in the next 7 years both Mugavari and Linga Bhairavi Organics will be in a next higher dimension of growth.

If you think you are immensely satisfied in our activities, stretch a helping hand and also if you can make us reach those with a magnanimous nature. With that many poor students' dreams might come true because, now you too are a part of our foundation.

With lasting hope...

'Mugavari' Ramesh  
15-09-2014

If you learn to use this body as an instrument, it is the most fantastic and powerful instrument on the planet.  
Yoga is towards realizing this.

Sadhguru



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## **The Secret of Giving** **-by Sadhguru**

Today we feel we must emphasize the importance of giving in the society only because taking is happening in large volumes and giving has become scarce. But in reality, giving and receiving is the basis of all transactions; Existence is happening in a constant give-and-take. Existentially, no interaction can take place without these two-they are always in equal proportion; one can never be more or less.

However, with a little deeper perception of life one can see that there is no such thing as giving and taking. It is just life rearranging itself constantly. If you see everything as yours, you just rearrange as necessary. In my experience, I have never felt I am giving or taking. I don't feel guilty about using anything, and I don't feel great about what I give.

When you realize that the essential process of life is a constant transaction, you will realize that for an iota of offering that you make, there are a trillion things to receive all the time. Think of the forces of Existence and the zillions of creatures working, knowingly or unknowingly, within your body and outside of it, to make life possible. Everything in the Existence is somehow collaborating to keep you alive and well. So, only a fool thinks of himself as a giver because just to be alive is to receive in great abundance.

For a spiritual seeker, developing an attitude of devotion is actually a trick to receive. Because when you are devout, you become receptive. If your energies are truly receptive, the Divine has to reach out. It has no choice. If your energies have really become an invitation to the divine, no one - not the guru, not God - can refuse you.

Gautama Buddha once said, "When you are hungry and you still give your food to somebody else, you become stronger. This is the eternal law." Medical Science would tell you otherwise - "You grab somebody's food and you eat well, you will be strong." The whole World says so and the medical science supports it. It is a fact in one level, but Gautama says, "When you are hungry, you give your food away to somebody else, you become stronger. This is the eternal law." This is so.

People only need to remember a simple fact: when you open your hands to give, your hands are also open to receive. Just the currency may be different. The receiving is guaranteed. To live is to give, there is really no choice. Will you give in time and will you give joyfully, is the question...

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A human being is a cosmos by himself. If you know this one piece of life absolutely, you know everything you need to know about existence.

Sadhguru

# Let's make it together



On flipping through the pages of this book, if your heart tells that we are genuine, we welcome you to join hands with us in helping the deserved students in pursuing their higher studies. You can help us even by reaching this book in the hands of right people, who are able to support some of our students. Besides our regular new students selections we wish to have a flagship program from the coming academic year, as mentioned below.

**Mugavari 30: Helping 30 students per year who are selected for professional courses with preference to those who got admission to MBBS, Chartered Accountant and BE in Government educational institutions.**

We have flexible plans for those who are willing to donate us.

- Adopting one or more students and look after their all educational expenses
- Sending a fixed amount monthly
- One time donation\*
- Sharing our administrative expenses

We need the following details of those who are willing to donate us. So that we can keep in touch with them and inform them about our activities in a regular manner. Above that we need to be transparent in whatever we are doing.

- Name
- Phone Number
- Email id
- Company Name
- Occupation
- Designation
- Residence Address
- Office address
- Passport size photo
- PAN No. (if available)

We request you to give a call; send a message or login to our website to give your details. We will send the receipt along with our 80G Certificate for your donations which you can use for Income tax exemptions.

Mugavari Foundation's Bank Account Details

State Bank of India (SBI), Velachery by-pass road, Velachery, Chennai – 600042. INDIA

Account No : 32053352840

IFSC No : SBIN0011718

MICR No : 600002156

\* There is no fixed minimum amount for one time donation. Even if you give us a rupee we accept it as a token of support for Mugavari Foundation.

We neither need a political revolution nor a religious revolution. What we need is an inner transformation in human beings.

Sadhguru

# Recognitions...

Awards	Date of Issue
Anbu Paalam Award	02.10.2007
Nallor Vattam - Kamarajar Award	15.07.2011
Shanthi Ashram - Best Performance Award	09.08.2011
Lions Club - Achievement Award	16.02.2012
NDSO - Award for Excellence in Social Work	06.01.2013
NDSO - Vivekananda Award	30.03.2013
Award from Gold Heart Foundation	27.10.2013
Chennai Sriramakrishna Mission - Vivekananda Award	15.12.2013
Chennai Corporation - Best Performance Award	26.02.2014

In Media	Date of Issue
Ezine Online Magazine	May 2012
Anandha Vikatan – En Vikatan	01.08.2012
Pudhiya Thalaimurai Kalvi	04.03.2013
Inspire Online Magazine	11.07.2013
Weekend Leader Online Magazine	11.01.2014
Namadhu Nambikkai	Feb 2013
The Hindu - Downtown in Chennai	09.03.2014
Enadu - Sunday Special (Telugu - Andra Pradesh)	13.04.2014
Patrika (Hindi - Rajasthan)	June 2014

Functions	Date
Agaram Students Meet	28.05.2008
Chennai Mugavari Students Meet	12.01.2010
Website Launching Function	05.09.2011
Mugavari Family Function	15.07.2012
New Students Meet-2012	26.08.2012
Mugavari Day-2013	16.02.2013
New Students Meet-2013	18.08.2013
Mugavari Book Release Function	02.10.2013
Mugavari Day-2014	16.02.2014

## Television Interview Programme

### SATHYAM TV - Mayakkamaa? Kalakkamaa? (03-08-2013)

Mr.Paalam Kalyanasundaram and M.Sivakumar, a student of Mugavari participated in 'Mayakkamaa? Kalakkamaa?' a programme in Sathyam TV on 03.08.2013 in which our student spoke about Mugavari Foundation. You can view this in Sathyam TV's website. You can also find the link in our website ([www.mugavarifoundation.org](http://www.mugavarifoundation.org))



Regn. No. : 215 / 2011  
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# MUGAVARI FOUNDATION

## Founder cum Managing Trustee

**Mr. K. Ramesh**  
Director  
Linga Bhairavi Organics, Chennai

## Trustees

**Mr. D. Sundaramoorthy**  
Chairman  
Thaai Foundation  
Vavipalayam, Tirupur

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Mangalapuram, Namakkal

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Sri Krish International School  
Chennai

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Acacia Homes, Chennai

## Advisory Board

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Founder  
Manidha Naeyam Charitable Trust  
Chennai

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Balaji Rubber Industries Pvt. Ltd., Salem

**Mr. V. Nandakumar** IRS.,  
Joint Commissioner of Income Tax  
Trichy

**Mr. A. Selvaganesh** B.Com., FCA.,  
Chartered Accountant  
Partner, Manohar Chowdhry & Associates  
Chennai

**Dr. B. Ramaprabha** MDS.,  
Professor & Chief Civil Surgeon  
Tamilnadu Govt. Dental College  
Chennai

## Students Panel

**Mr. A. Ragupathi** M.Sc, M.Phil.,  
Research Scholar,  
National Tsing Hua University,  
Taiwan.

**Mr. K. Karthikeyan** B.Sc, B.Ed.,  
Teacher,  
Muthamizh Nursery and Primary School,  
Periyeri, Attur.

**Mr. M. Boopathiraja** IRTS.,  
Assistant Operational Manager,  
Southern Railways, Palakkad Division.

**Mr. R. Vinothkumar** B.E.,  
Site Engineer,  
Acacia Homes & Constructions,  
Chennai.

**Ms. G.S. Durga** M.Sc.,  
Assistant,  
National Insurance Company Ltd,  
Periamet Division, Chennai.

**Mr. M. Vetrivel** B.A.,  
Supervisor, Regulated Market,  
Coimbatore Market Committee,  
Tirupur.

**Mr. M. Vigneshkumar** B.E.,  
Senior Software Engineer,  
Robert Bosch Engineering &  
Business solutions Limited,  
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